

## Activities

Brigham Young University-Idaho 2013-2014

### The Student Activities Program

The BYU-Idaho Student Activities program invites individuals to experience the power of acting for themselves through involvement in student-led programs and events.

Students have the opportunity to Participate, Volunteer, and Lead. As students take action and become involved they experience what Elder Henry B. Eyring called “leadership training of the broadest and most exciting kind.” With activities and events from eight different areas there really is something for everyone. We provide a wide range of activities to meet the diverse needs and interests of the students. New ideas are always welcome and can be proposed through our Get involved page on our website.

#### Participate

Each semester there are literally thousands of opportunities to get involved. Students can choose to participate in weekly dances or talent workshops, play a competitive or recreational sport, or learn more about the unique opportunities in Southeast Idaho through the outdoor program. Opportunities to serve or learn new life skills also exist. Students can choose from a variety of things such as performing in a show, going rock-climbing, or attending a fitness class or wellness workshop.

#### Volunteer

Students who desire a more active role can volunteer their time as a coach, workshop instructor, or can take responsibility to organize an event like a blood drive. These are just a few of the hundreds of ways students can be involved. Lead a one-time event like a music show or coordinate weekly efforts for ongoing programs like community service opportunities. As students participate and volunteer they gain new knowledge and skills that can become additional opportunities to volunteer time in a variety of leadership roles.

#### Lead

In the Activities program, students can organize, lead, and train other students. Through this unique program of participation students develop personal and spiritual qualities that prepare them for life. Student leaders are given a framework where they counsel with advisors and then act for themselves. Students take the lead in, and are responsible for, organizing and administering every aspect of the day-to-day operations of the program.

Get more out of your educational experience at BYU-Idaho by becoming involved in the Student Activities program. To learn more contact us at (208) 496-7300 or [activities@byui.edu](mailto:activities@byui.edu) or visit us online at [www.byui.edu/activities](http://www.byui.edu/activities).

