Welcome to the first of three activities for the year. With our “new normal,” we will be trying different approaches as we are able. We are excited about this newsletter and we are working on ideas for the next activity. We hope to meet in person for it.

The University Women’s Association hopes to bring unity between departments as we become more acquainted with each other and socialize when we are permitted. We also hope to encourage a focus on the Savior. In our brief profiles for this newsletter, we discuss women with Christlike attributes who have influenced our lives.

Thank you for filling out our survey and sharing some thoughts as we try to reach out to a wide diversity of women who are employed on campus.

Please enjoy the opportunity to get to know the women have recently served and are serving as the University Women’s Association board members. We hope to spotlight more women soon, so we can get to know you.

—Tammie Bagley, President

Practical Tips for Spring Gardening
https://ginghamgardens.com/vegetable-gardening/

1. Don’t dive in too early. The leftover leaves and mulch from the fall help to protect emerging perennials and removing them too early can subject the plants to frost or freeze damage.
2. Bees and other insects hibernate in leaves and debris (depending on what gardening zone you’re in) and it’s best not to wake them up too soon.
3. Run your vegetable rows from north to south for best sun exposure.
4. Think about how you place your plants so taller ones don’t block the sun for shorter ones.
5. Add in some marigolds and nasturtiums for pops of color and a bug deterrent.
6. Add in some herbs.

Poppy Seed Dressing Recipe (Courtesy of University Food Services)

- 1 cup white vinegar
- 1 cup sugar
- 4 tbsp prepared mustard
- 1 tbsp minced onion
- 1 tbsp poppyseeds
- 2 ½ tsp salt
- 2 cups canola oil

Mix all ingredients and blend until smooth. Continue blending and add a small stream of oil to emulsify.

In case you missed it:
- A Gathering of Women—Christina B. Franco
- RootsTech Session—Astrid Tumine
- BYU-Idaho Women in STEM Video
- University Women’s Association Website

Check this out!
Thank you to everyone who participated in the survey. We realize the last year has been difficult. Our intention was not to trivialize these difficulties with this survey but to provide a little light-hearted fun. Enjoy!

**COVID STATS (averages since March 2020)**

<table>
<thead>
<tr>
<th>Bottles of hand sanitizer purchased</th>
<th>TV series binge-watched</th>
<th>Zoom meetings attended in pajamas or sweats</th>
<th>Memes saved to phone</th>
<th>Come Follow Me lessons taught</th>
<th>Camping trips taken</th>
<th>Packages of toilet paper purchased</th>
<th>Plans changed</th>
</tr>
</thead>
<tbody>
<tr>
<td>11</td>
<td>8</td>
<td>36</td>
<td>20</td>
<td>51</td>
<td>8</td>
<td>20</td>
<td>39</td>
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</tbody>
</table>

**…Come Follow Me with the win!**

<table>
<thead>
<tr>
<th>Pineapple on pizza</th>
<th>Ketchup on eggs</th>
<th>Favorite holiday</th>
</tr>
</thead>
<tbody>
<tr>
<td>10%</td>
<td>39%</td>
<td>GROUNDHOG DAY</td>
</tr>
<tr>
<td>15%</td>
<td>35%</td>
<td>EASTER</td>
</tr>
<tr>
<td>75%</td>
<td>26%</td>
<td>MEMORIAL DAY</td>
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<tr>
<td></td>
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<tr>
<td></td>
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<td>LABOR DAY</td>
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<td></td>
<td></td>
<td>HALLOWEEN</td>
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<tr>
<td></td>
<td></td>
<td>THANKSGIVING DAY</td>
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<tr>
<td></td>
<td></td>
<td>CHRISTMAS EVE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CHRISTMAS</td>
</tr>
<tr>
<td></td>
<td></td>
<td>MY BIRTHDAY</td>
</tr>
<tr>
<td></td>
<td></td>
<td>OTHER</td>
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</table>

**Favorite season**

<table>
<thead>
<tr>
<th>Favorite season</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>2%</td>
<td>44%</td>
</tr>
<tr>
<td>21%</td>
<td>35%</td>
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</table>

**3 least favorite months**

<table>
<thead>
<tr>
<th>Month</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>JAN</td>
<td>48%</td>
</tr>
<tr>
<td>FEB</td>
<td>24%</td>
</tr>
<tr>
<td>MAR</td>
<td>18%</td>
</tr>
</tbody>
</table>
I am Tammie Bagley. I work in University Operations in the Facilities Service Center.

What do we do in our department? We are here to serve! When there is a problem with the campus buildings, grounds, or vehicles, we take the calls to create the work orders for the technicians who do the repairs. Some of the requests we receive include lights not working, offices being too cold or too hot, water not turning off, sprinkler heads being broken, and many more.

We can be contacted online at https://www.byui.edu/university-operations/facilities-management to create a service request, or you can call extension 2500 to speak with us about your facilities needs.

As I try to grow Christlike attributes, I have looked for living examples around me for a visual; I am a visual person. Two of many women who have influenced me are Susan and Reg.

Susan – Susan served our family when I had sick children in the home. She has seen me during challenging times. I knew she was not a gossip; I knew she would never say anything negative to anyone else about me, true or not. She always spoke words of encouragement to me and treated others as Christ would.

Reg – If it could be said that someone is without guile, it is Reg. She is genuine and doesn’t have an ulterior motive when she does something. This is an example to me. She has a sweetness and gentleness unlike any other, much like I would picture Christ having.
Marilyn Nielson

I am Marilyn Nielson. I work in the Accounting Office and my role is Financial System Analyst.

I love working at the university, but when I am not at the university I love hanging out with my husband and daughter. When I’m not with them, you can find me hanging with the young women in my ward. I also enjoy hiking, bike riding, cooking, and baking. I have tried gardening and, well, we’ll keep this positive—I love my house plants.

My role helps keep things running smoothly with Workday on the finance side. I love what I do, and I love the people I work with.

I have had a lot of ladies at this university influence me, but I’d like to focus on two and thank them for their service to me.

Mari Ann – Mari Ann is a kind person who never has a cross word about anyone or anything. She lights up a room with her smile and her countenance. She has picked me up on some down days and lifted my spirits. Her love for the Savior shines through as she shows Christlike love to all around her.

Stacey – She is my person. The one I can laugh with, no matter the situation. I was applying for a different position on campus, and she took the time to review my resume and do a mock interview with me to help me feel confident in my upcoming interview. She gave willingly of her time to help and make me a better person. Thank you, Stacey, for your Christlike love to me.
Welcome to the first ever newsletter from the University Women’s Association! My name is Liz Haley and I have been serving with the UWA for two years. I work in the Mechanical and Civil Engineering Department located in the Austin building (AUS 106) as an office assistant. I assist the chair of the department, Alan Dutson; eighteen faculty members; and I manage the office. The department has about 1,400 declared students combined in both mechanical and civil engineering who I also support. Some of my additional responsibilities are to hire and supervise a dozen Maker Lab assistants who oversee the 3-D printers, lasers, and Solidworks tutoring. We call the Maker Lab the students’ garage, giving them the opportunity to just design and build whatever they want. I also help with scheduling and overseeing information sessions, educating, and increasing employer outreach for possible internships and job placement for our students.

The mechanical and civil engineering degrees require course work in science, math, and engineering. Many of our students can spend up to 60 plus hours a week studying in addition to class time. Our Engineering program is ABET accredited, which is a national non-governmental agency, to assure confidence that a collegiate program has met standards essential to prepare graduates to enter critical STEM fields in the global workforce. I have the privilege to work with some of the most wonderful coworkers, and I feel very fortunate to be a part of BYU-Idaho, a university that truly cares about its students.

I have referred to a quote over the past year by Ralph Waldo Emerson: “That which we persist in doing becomes easier for us, not that the nature of things has changed but the power to do so has increased.” I have needed to be persistent in many things such as: wearing a mask, washing my hands numerous times a
day, staying 6 feet away from others, handling an adaptable work schedule, studying my scriptures, trying to remove fear of the unknown and replace it with faith, etc.

Over a year now of being persistent in these new daily actions has helped me form some positive habits to help keep myself and others around me spiritually strong and physically healthy. Thank you to all who have done the same. I appreciate the extra efforts many of you have made in keeping our work environment safe. I express gratitude to all the women who show Christlike love by contributing their time to ensure our campus continues to run efficiently along with meeting the safety guidelines. Because of your example of love, I, too, feel an increased need to be persistent in showing kindness to others.
Christine Webb

I have been employed at BYU-Idaho for the last 4 ½ years. I started out as the Manwaring Center Lead Supervisor in the Facilities Services Department. Currently, I am the Event Scheduling Specialist here on campus. Our office schedules rooms and resources (such as chairs, tables, trash cans, and audio/visual) for everything on campus except the academic classes. We can be reached at scheduling@byui.edu or 208-496-3120.

There are so many incredible women in my life, both in my personal life and in the places that I have worked. They have shaped my life, helped me through some pretty rough times, and were the best examples of Christlike love. These two women have pushed me to be better and encouraged me when I did not think I could do the hard things.

Melanie Walker was my manager in Facilities Services. She has such a strong testimony and, during our many one-on-ones, she inspired me to grow and develop my testimony. She supported me and helped me to become a better person and employee of BYU-Idaho by encouraging me to step outside of my comfort zone. Melanie helped me to believe in myself and encouraged me to be my best self and not sell myself short. Melanie is amazing and has become a very dear friend.

When Katie Harrop and I started working in the Manwaring Center together, I was not entirely sure how this relationship was going to work. We are both very independent, like things done “our way,” and are a little strong willed . . . okay, maybe more than a little. From the beginning, we just clicked. We worked with each other’s strengths and accomplished more together than we ever could have separately. Katie pushed me to take advantage of the education I could get while working here at BYU-Idaho. I am now working on getting my degree because of her influence and encouragement.
Jessica Gunderson

I grew up in Eastern Idaho and love living in this beautiful area. I enjoy seeing the seasons change (sometimes on a daily basis) and participating in outdoor activities—especially, camping, ice skating, and anything involving water. I have loved to sing since I was a kid and have participated in all sorts of embarrassing activities, such as performing at county fairs, tulip festivals, and karaoke parties. I started taking piano lessons a couple years ago, and it has become one of my favorite new hobbies. I love to read and listen to audiobooks, and I am an avid Atlanta Braves baseball fan. Every summer I try to make it to at least one new MLB ballpark in my goal to get to all 30 stadiums.

In 2012, I graduated from BYU-Idaho with a BS in communications. I started working for the university in 2018 as the office assistant for the Department of Engineering Technology. The department is home to the automotive, manufacturing, and welding programs. I love my job and feel fortunate to work with great people on a daily basis.

I am frequently asked if the labs/tools in my department are available for personal use. While all of the labs and corresponding equipment in these programs are restricted to academic use, the Automotive Program invites community members and BYU-Idaho students and employees to submit their personal vehicles as projects for the automotive students to diagnose and repair. We are not able to accept all types of repairs. Generally, we can work on repairs related to the following areas: electrical, engine performance, brakes, suspension, steering, tires, alignment, HVAC, manual transmission, automatic transmission rebuilds, and engine rebuilds.

These repairs generally take quite a bit longer than you would expect from a regular repair shop because students are learning, and their lab time is limited to two or three days a week for a few hours at a time. The tradeoff is that we do not charge for labor, so this option can save you a considerable amount of money. If you are interested in getting on our waitlist for repair, you can complete our online form: Automotive Repair Request Form.
One of the things I have missed most this past year is physically gathering with others on campus. While remote meetings get the job done, they fail to provide the same type of emotional relief that comes from in-person connection. These personal associations have been some of my most impactful experiences at BYU-Idaho. Two women in particular inspired and mentored me during my time as a student on campus and their influence continues to guide me as an employee.

**Donette Ringel**—
Donette referred me to a student office assistant position when I was a freshman at BYU-Idaho. This referral started me on the path that led to my current position. It is a small thing that made a huge difference in my life. I remember dropping by Donette’s office numerous times as a student because I knew she genuinely cared about what was going on in my life. I had the opportunity to work closely with Donette until my graduation, and I am grateful for her encouragement and Christlike example to me. She taught me to appreciate the impact of a small act of kindness.

**Jamie Anderson** —
Jamie was my supervisor when I was a student office assistant on campus. I worked with her for three years and learned much from her example. She inspired me to develop new talents and found ways for me to use and develop those talents in my employment. Her belief in my abilities guided my decision to study Communications. Now that I am employed in a similar role, I often refer to Jamie’s example as an office assistant, supervisor, and friend.
Hi, my name is Tammi Odell. I am originally from Orem, Utah but have lived in Idaho for 30 years after meeting my husband on Ricks College campus and deciding to raise our family here back in 1989. We have 4 kids and 5 grandkids. I love to travel, camp, ride bikes and ATVs and in general anything outdoors. I enjoy working on crafts and decorating my home.

I love BYU-Idaho and I am so grateful for the opportunity I have to work on campus. I have been working at BYU-I for 9 years. I started in the Office for Continuing Education and I am now working in the Academic Leadership Office. I work as an Administrative Assistant for Scott Galer, the AAVP over Student Success, and Sid Palmer, the AAVP over Learning and Teaching. In our office, we oversee the academic side of things. We handle academic societies, faculty training and development, student success, and too many other things to mention here.

I specifically work with graduation and convocation planning, faculty retirement, faculty training meetings, and any of the many issues that come up with working for an Academic Associate Vice President. In our office, we get to see many of you coming through for meetings and discussions. Getting to know the faculty and being able to work with many different departments and offices on campus through my daily tasks are two of my favorite things. I enjoy each of you and the contributions you all make to making this a great place to work and be each day.

In working on this campus for the past nine years, I have had many opportunities to see Christlike love being shared among the women here. We are nurturers by nature and we watch out for each other. In a talk
by President Uchtdorf, titled, “The Influence of Righteous Women,” he says, “The scriptures give us names of several women who have blessed individuals and generations with their spiritual gifts. Eve, the mother of all living; Sarah; Rebekah; Rachel; Martha; Elisabeth; and Mary, the mother of our Savior, will always be honored and remembered. The scriptures also mention women whose names are unknown to us but who bless our lives through their examples and teachings, like the woman of Samaria whom Jesus met at the well of Sychar (see John 4), the ideal wife and mother described in Proverbs 31, and the faithful woman who was made whole just by touching the Savior’s clothes (see Mark 5:25–34).

“As we look at the history of this earth and at the history of the restored Church of Jesus Christ, it becomes obvious that women hold a special place in our Father’s plan for the eternal happiness and well-being of His children.

“I hope that my dear sisters throughout the world—grandmothers, mothers, aunts, and friends—never underestimate the power of their influence for good.”

I was blessed in my life by this influence for good by the spiritual gifts of two special sisters from this campus. Almost two years ago, my husband was involved in a horrible motorcycle accident. He was life flighted to EIRMC and we were not sure if he would recover from his injuries. At the time, I was working with Laurie Milner and Karen Kunz. These two ladies enveloped me in service and a love that I will never forget. They picked up my responsibilities at work without missing a beat. They planned meetings, attended convocations, organized luncheons, and added any of the duties I normally take care of to their already busy schedules. Never once did they complain about the extra work or begrudge filling in for me for the months that I was gone. I never once worried about the responsibilities I had at work being fulfilled. Not only did they minister to me through taking over my work obligations, but they cared for my spirit and emotional well being as well. They would come to the ICU and bring me a drink, a warm blanket, and socks, and even a journal and a Book of Mormon. I will never be able to fully express the comfort they brought to me in a time in my life where I felt so alone. My mom had just passed away a few years earlier and I don’t have any sisters. It did not matter that these friends were not my family. During this time, they were my sisters. These ladies were so comforting and special to me and filled up my soul when I had nothing left. They gave a reassuring word, a hug, and made me laugh when I didn’t want to. If anyone in my life has ever exemplified Christlike love to me it would have to be them. I will always be grateful for my association with Karen and Laurie and all the wonderful women here on this campus.
Ina Rodino

My name is Ina and I work in the McKay Library. There’s so much that I would love to tell you about the library! We have more than just books and study spaces. We have DVDs and streaming videos, eBooks (ever heard of Overdrive?!), newspapers (including the Wall Street Journal and NYT), millions of articles, and even e-magazines! The best part of the library though is the people that work here. They truly go above and beyond to help students succeed and find answers to their questions. We even have a chat option that is manned by a real life librarian 24/6! All of our materials and resources are available to current students, faculty, and staff—basically all BYU-I employees!

I work as the Online Learning Librarian and in Technical Services. As part of my job, I work with online course designers and faculty course leads to help them find low cost (or free to students) content for those classes. I also help online students with research. Technical Services means all the behind-the-scenes stuff to make the library function.

My greatest influence is easy because my mom also works for BYU-I. She is part-time with the ticket office. She is so good at talking to students and being interested in their well-being. She frequently finds students who are fun-loving or in need of a little TLC and invites them over for dinner. (My siblings and I found this to be advantageous during our dating years. . . .) She is still in contact with a good number of the many, many students who have attended those dinners over the years.
Tammy Rose

My name is Tammy Rose. I work in Print & Copy Services. In our department, we print things for campus needs. We can also print things for personal needs. For example, we print the posters in the hallways, the flyers that are handed out, the manuals that students use for their classes, the banners that you see out on display, the letters and cards that get mailed out to employees and students, commencement programs, wedding invites, envelopes, canvas wraps, and so much more. Orders can be made online at our website https://www.byui.edu/print, individuals can come in and talk to us about specifics of an order, or they can email us atprint@byui.edu and we can walk them through the process to complete their printing needs.

There are many women on this campus, and, through the years, many have inspired me and uplifted me. They have listened when I have needed to talk, given me a simple smile, or said hello in passing. Regina, Jodee, and Valerie all have wonderful qualities. No matter where I see them, they treat everyone the same and share the great spirit that they have with every person they come in contact with.

Many times, the very simple things that we do in life can have the biggest impact on others and help lift them up.