

Department of

Home and Family



Scott Gardner, Department Chair

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Introduction

The Department of Home and Family provides a holistic approach to the study of home and family. The department teaches courses designed to:

- Strengthen students' testimonies in the gospel of Jesus Christ.
- Teach doctrine, principles, theory, and skills to help maintain and strengthen the home as the most effective institution in society for impacting the well-being of the family unit.
- Provide a well-balanced education for students from all majors focusing on the importance of home and family. Classes include: marriage, money management, parenting, sewing, child development, cooking, nutrition, and courtship and dating.
- Prepare students for careers in secondary education, graduate school, and professions relating to home and family education, children, and families.

The Department of Home and Family offers the following degrees:

Associate of Applied Science in Professional Preschool Education (359) *Can be used as a minor for a Bachelors Degree in Child Development, known as the 2+2 program*

Bachelor of Science in Child Development (730)

Bachelor of Science in Marriage and Family Studies (736)

Bachelor of Science in Family & Consumer Sciences Education Composite (940)

Minor in Child Development (199)

Minor in Clothing Construction (192)

Minor in Home Design (198)

Minor in Home and Family Living (155)

Minor in Marriage and Family Studies (184)

Apparel Design and Construction Concentration (D 110)

Child Development Concentration (D 115)

AAS in Professional Preschool Education (359)

Take required Foundations courses (17 credits)

Major Requirements

No Double Counting of Major Courses - No Grade Less Than C- in Major Courses

Core Courses <i>Take these courses:</i> CHILD 150 3 CHILD 210 3 CHILD 230 3 CHILD 340 2 CHILD 350 3 CHILD 440 3 ECD 360A 1 ECD 360B 2 ECD 360L* 2-4 <i>cont. next column</i>	<i>cont. from previous column</i> ECD 370 3 ECD 370L 4 ECD 380 2 ECD 380L 4 NUTR 112 2 SPED 310 3 <hr style="width: 50%; margin-left: auto; margin-right: 0;"/> 42	Seminar Course * <i>Repeat this course 3 times, each time you are enrolled in a lab course (ECD 360L, ECD 370L, ECD 380L):</i> CHILD 290R 1 <hr style="width: 50%; margin-left: auto; margin-right: 0;"/> 3	Program Notes: Exceptions to Policy: <i>The Professional Preschool program is an Associate of Applied Science degree. However, students who would like to continue in their education and obtain a Bachelor's Degree in Child Development may use the AAS program as a minor.</i> <i>Double counting of required courses for the CD (major) and AAS (minor) are allowed.</i> <i>*ECD 360L must be taken for 4 credits</i>
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Total Major Credits=45

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

BS in Child Development (730)

Take required Foundations courses

Major Requirements

No Grade Less Than C- in Major Courses

Core Courses <i>Take these courses:</i> CHILD 150 3 CHILD 210 3 CHILD 300 3 CHILD 310 3 CHILD 320 3 CHILD 325 1 CHILD 330 2 CHILD 350 3 CHILD 400 3 CHILD 440 3 CHILD 495 1 CHILD 498R 2 FAML 160 3 FAML 220 3 FAML 430 3 FAML 460 3 SPED 310 3 <hr style="width: 50%; margin-left: auto; margin-right: 0;"/> 45	Practicum Courses <i>Choose 1 option for 5 credits:</i> Take this course: CHILD 345 5 or Take these courses: ECD 350A 1 ECD 350B 2 ECD 350L 2 or Take these courses: ECD 360A 1 ECD 360B 2 ECD 360L* 2-4* <hr style="width: 50%; margin-left: auto; margin-right: 0;"/> 5	Supplemental Courses <i>Take 5 credits:</i> B 283 3 CHILD 230 3 CHILD 340 2 CHILD 390R 1-3 COMM 150 3 ENG 355 3 FAML 360 3 FAML 390R 5-4 FAML 420 3 MATH 221C 3 NUTR 112 2 RM 200 3 SOC 323 3 SOC 383 3 <hr style="width: 50%; margin-left: auto; margin-right: 0;"/> 5	Program Notes: <i>No Double Counting of Major, Minor or Cluster Courses</i> <i>Students selecting this major are not able to select a minor in Marriage and Family Studies.</i> <i>*ECD 360L must be taken for 2 credits</i>
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Total Major Credits=55

Additional Elective Credits Required for Graduation=25

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

BS in Marriage and Family Studies
Professional General Emphasis (736-145)

Take required Foundations courses

Major Requirements

No Grade Less Than C- in Major Courses

Core Courses <i>Take these courses:</i> FAML 150 1 FAML 160 3 FAML 220 3 FAML 300 3 HFED 340 3 <hr style="width: 100%;"/> 13 <i>Take these courses:</i> FAML 360 3 FAML 400 3 FAML 430 3 FAML 445 4 FAML 498R 2-4 <hr style="width: 100%;"/> 15	<i>Choose 1 option:</i> <i>Take this course:</i> PSYCH 201 3 <hr style="width: 100%;"/> 3 or <i>Take these courses:</i> CHILD 210 3 PSYCH 322 3 <hr style="width: 100%;"/> 6	<i>Take 1 course:</i> CHILD 400 3 PSYCH 302 3 SOC 340 3 <hr style="width: 100%;"/> 3 Advocacy Courses <i>Take 1 course:</i> COMM 235 3 FAML 460 3 <hr style="width: 100%;"/> 3	Emphasis Courses <i>Take this course:</i> MATH 221C 3 <hr style="width: 100%;"/> 3 <i>Take 14 credits:</i> CHILD 330 2 COMM 175 2 COMM 273 3 COMM 350 3 COMM 450 3 ED 242 3 ED 304 3 ENG 316 3 FAML 100 3 FAML 200 2 FAML 390R 5-4 PHIL 313 3 PSYCH 322 3 PSYCH 350 3 PSYCH 361 3 SOC 311 3 RM 301 3 <hr style="width: 100%;"/> 14	Program Notes: No Double Counting of Major, Minor or Cluster Courses
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Total Major Credits=54

Additional Elective Credits Required for Graduation - 26

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

BS in Marriage and Family Studies
Professional Clinical Emphasis (736-146)

Take required Foundations courses

Major Requirements

No Grade Less Than C- in Major Courses

Core Courses <i>Take these courses:</i> FAML 150 1 FAML 160 3 FAML 220 3 FAML 300 3 HFED 340 3 <hr style="width: 100%;"/> 13 <i>Take these courses:</i> FAML 360 3 FAML 400 3 FAML 430 3 FAML 445 4 FAML 498R 2-4 <hr style="width: 100%;"/> 15	<i>Choose 1 option:</i> <i>Take this course:</i> PSYCH 201 3 <hr style="width: 100%;"/> 3 or <i>Take these courses:</i> CHILD 210 3 PSYCH 322 3 <hr style="width: 100%;"/> 6	<i>Take 1 course:</i> CHILD 400 3 PSYCH 302 3 SOC 340 3 <hr style="width: 100%;"/> 3 Advocacy Courses <i>Take 1 course:</i> COMM 235 3 FAML 460 3 <hr style="width: 100%;"/> 3	Emphasis Courses <i>Take these courses:</i> MATH 221C 3 FAML 420 3 PSYCH 342 3 <hr style="width: 100%;"/> 9 <i>Take 8 credits:</i> CHILD 330 2 COMM 350 3 COMM 450 3 FAML 390R 5-4 PSYCH 350 3 RM 370 3 SOC 330 3 SOC 383 3 SOC 420 or HS 460 3 SOC 462 3 PHIL 313 3 <hr style="width: 100%;"/> 8	Program Notes: No Double Counting of Major, Minor or Cluster Courses
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Total Major Credits=54

Additional Elective Credits Required for Graduation - 26

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

Minor in Home Design (198)

Minor Requirements

No double counting of Minor Requirements - No Grade Less Than C- for Minor Courses

Core Courses
Take these courses:

ARCH 100	1
ART 102	2
CONST 120	3
CONST 210	3
HFED 140	3
HFED 221	2
HORT 325	2
HUM 202	3
ID 251	3
	22

Program Notes:

This minor does not prepare students for the Interior Design profession.

Total Minor Credits=22

This minor is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

Minor in Child Development (199)

Minor Requirements

No double counting of Minor Requirements - No Grade Less Than C- for Minor Courses

Core Courses

Take these courses:

CHILD 150	3
CHILD 210	3
	6

Development Courses

Take 2 courses:

CHILD 300	3
CHILD 310	3
CHILD 320	3
	6

Practicum Courses

Take 5 credits:

ECD 350A	1
ECD 350B	2
ECD 350L	2

or

ECD 360A	1
ECD 360B	2
ECD 360L	2-4*

or

CHILD 345	5
	5

Supplemental Courses

Take 6 credits:

CHILD 120	1
CHILD 230	3
CHILD 340	2
CHILD 350	3
CHILD 390R	1-3
FAML 120	1
NURSF 110	1
NUTR 112	2
	6

Program Notes:

**ECD 360L must be taken for 2 credits.*

Total Minor Credits=23

This minor is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

Apparel Design and Construction Concentration (D 110)

Concentration Requirements

No Double Counting of Concentration Courses

<i>Take these courses:</i>	
ART 102	2
HFED 207	2
HFED 208	2
HFED 221	2
HFED 235	2
HFED 245	3
HFED 307	4
HFED 345	3
HFED 360	3
HFED 490R*	1-3
TA 362	2
IDS 398R	1-3
IDS 499	2
	31

Program Notes:

*Take HFED 490R for 3 credits.

Total Concentration Credits=31

This Concentration is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

Child Development Concentration (D 115)

Concentration Requirements

No Double Counting of Concentration Courses

Development Courses	
<i>Take these courses:</i>	
CHILD 210	3
CHILD 300	3
CHILD 310	3
CHILD 320	3
	12
Family/Community Courses	
<i>Take these courses:</i>	
CHILD 330	2
FAML 160	3
FAML 220	3
FAML 430	3
	11

Practicum	
<i>Take this course:</i>	
CHILD 150	3
	3
<i>Take 5 credits:</i>	
CHILD 345	5
or	
ECD 360A	1
ECD 360B	2
ECD 360L*	2-4
	5

Interdisciplinary Courses	
<i>Take these courses:</i>	
IDS 398R	1-3
IDS 499	2
	3

Program Notes:

This is not the best option for students who plan to teach young children. The AAS Degree in Professional Preschool Education (PPE), BS in Child Development, or BS in Child Development with PPE (2+2) are better options for students who desire to teach preschool-aged children in homes, private centers, or child care facilities.

**ECD 360L must be taken for 2 credits*

Total Concentration Credits=34

This Concentration is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

Home and Family Studies Certificate (C 104)

Certificate Requirements

No Grade Less Than C- for Certificate Courses

Required Courses	
<i>Take these courses:</i>	
CHILD 210	3
FAML 100	3
	6

Supplemental Courses	
<i>Take 3 courses:</i>	
FAML 160	3
FAML 220	3
HFED 160	3
HRHP 131	2
	8

Program Notes:

Total Certificate Credits=14

Home and Family Pre-approved Clusters

Child Development		3000
<i>Take this course:</i>		
CHILD 210	Child Development	3
<i>Take 6 credits:</i>		
CHILD 300	Infant/Toddler Development	3
CHILD 310	Early Childhood Development	3
CHILD 320*	Adolescent Development	3
<i>Take 3 credits:</i>		
CHILD 340	Language, Literacy and Learning	2
FAML 120	Parenting Skills	1
FAML 160	Family Relations	3
FAML 220	Parenting	3
NURSF 110	Pregnancy	1
SOC 383	Juvenile Delinquency	3
Total Credits		12
*Prerequisite of 30 completed credits		

Infant/Toddler		3001
<i>Take these courses:</i>		
CHILD 210	Child Development	3
CHILD 300	Infant/Toddler Development	3
ECD 350A	Early Child Development: Toddler Fundamental Principles	1
ECD 350B	Early Child Development: Toddler Applied Principles	2
ECD 350L	Early Childhood Development Lab Experience With Toddlers	2
NURSF 110	Pregnancy	1
Total Credits		12

Early Childhood		3002
<i>Take these courses:</i>		
CHILD 120	Infant and Toddlers	1
CHILD 150	Foundations of Early Childhood	3
CHILD 210	Child Development	3
CHILD 230	Curriculum for Young Children	3
CHILD 340*	Language, Literacy and Learning	2
Total Credits		12
*Prerequisite of CHILD 210 or instructor consent		

Family Studies		3003
<i>Take these courses:</i>		
FAML 160	Family Relations	3
FAML 220	Parenting	3
FAML 300	Marriage	3
<i>Take 3 credits:</i>		
CHILD 210	Child Development	3
FAML 100	The Family	3
FAML 110	Marriage Skills	1
FAML 120	Parenting Skills	1
FAML 200	Preparation for Marriage	2
FAML 360	Family Stress and Coping	3
FAML 400	Family Theories and Dynamics	3
FAML 420	The Helping Relationship	3
FAML 430	Family & Community Relations	3
FAML 460*	Child and Family Advocacy	3
HFED 160	Home & Family Management	3
HFED 340	Money Management	3
NURSF 110	Pregnancy	1
SOC 311	Family Interaction	3
Total Credits		12
* Junior or Senior Standing		

Sewing		3004
<i>Take these courses:</i>		
HFED 207	Clothing Construction I	2
HFED 245	Pattern Making	3
HFED 307	Advanced Sewing Construction	4
HFED 345	Fitting and Alteration	3
HFED 360	Textiles	3
Total Credits		15

The Home		3005
<i>Take these courses:</i>		
HFED 140	Architecture and Interior Design	3
HFED 150	Practical Homemaking	2
HFED 160	Home and Family Management	3
HFED 221	Home Decor	2
HORT 103	Home Gardening	3
Total Credits		13

Home and Family Living		3006
<i>Take these courses:</i>		
HFED 110	Introductory Foods	2
HFED 160	Home & Family Management	3
HFED 207	Clothing Construction I	2
HFED 340	Money Management	3
NUTR 150	Essentials of Human Nutrition	3
Total Credits		13

Course Descriptions

Credits*

CHILD 120 Infants and Toddlers (1:1:0)

Students will explore ways to foster normal development of infants and toddlers including physical, cognitive, social, and emotional domains of development. Application to parenting and other care giving situations will be investigated.
 (Winter, Spring, Fall)

CHILD 150 Foundations of Early Childhood (3:3:0)

An introductory course for those who will work with children in preschool or after school settings. This course will provide an overview of work in these areas, historical foundations of working professionally with children, curricular models, professional issues, and educational practices-including those that are developmentally appropriate.
 (Winter, Spring, Fall)

CHILD 210 Child Development (3:3:0)

A theoretical, academically oriented course focusing on the physical, cognitive, emotional, and social development of the child from conception through adolescence. Explores the influences of family, peers, and social institutions on the child's development.
 (Winter, Spring, Fall)

CHILD 230 Curriculum for Young Children (3:3:0)

Prerequisite: CHILD 210

Students will learn the scope of the major areas of curriculum in early childhood education, focusing specifically on the preschool years. They will develop basic philosophy, skills, and materials needed to provide appropriate experiences for preschool-aged children that will foster their social, emotional, physical, and cognitive development.
 (Winter, Spring, Fall)

CHILD 270 Experience with Young Children: Supervisors (2:2:0)

Prerequisites: CHILD 260 and HS 222

Concurrent requisites: CHILD 270L, CHILD 290R, and CHILD 350

Working closely with an experienced professional in facilitating the Lead Teacher and Support Teacher efforts in the preschool labs. The Supervisor is a team leader with responsibility for staff development, in-service training, parent communication, budgets, records, and overall running of preschool labs.
 (Winter, Spring, Fall)

CHILD 270L Experience with Young Children: Supervisor Lab (4:0:12)

Concurrent requisite: CHILD270

Third level teaching practicum for students majoring in Professional Preschool Education. Supervisors are to be model teachers, providing in-service training for lab staff, and maintain lab facilities according to national accreditation standards.
 (Winter, Spring, Fall)

CHILD 290R PPE Staff Seminar (1:1:0)

Repeatable Course: may earn maximum of 3 credits

Concurrent requisites: Take one of the following: ECD 360L, ECD 370L, or ECD 380L

The purpose of this class is to provide an opportunity for all students who work in the campus preschool labs to meet together to discuss lab operations and receive in-service training. PPE students enrolled in ECD 360L, ECD 370L, and ECD 380L must enroll in this course for credit each semester they are enrolled in a preschool lab practicum.
 (Winter, Spring, Fall)

CHILD 300 Infant and Toddler Development (3:3:0)
 Prerequisites: CHILD 210 or ED 200
 In-depth study of the child from conception to three years of age. Become familiar with various theoretical perspectives in each of the developmental domains of infancy and toddlerhood. Discuss ethical and developmental issues arising because of technological advancement. Investigate infant/toddler temperament, personality, and social/emotional development. Explore the influence of mothers and fathers, and the parenting and teaching techniques that are most appropriate for infants and toddlers.
 (Winter, Spring, Fall)

CHILD 310 Early/Middle Development (3:3:0)
 Prerequisites: CHILD 210 or ED 200
 This course will explore in depth the relationships between theory, core developmental concepts, and practice in the field of child development from preschool through middle childhood. Learning and application of various theoretical perspectives to explain and interpret children's development. Reading, summarizing and analyzing current research and developmental topics of interest. Master and apply research based norms in the physical, cognitive, emotional/social, and spiritual domains of human growth and development. Emphasis on application of current research.
 (Winter, Spring, Fall)

CHILD 320 Adolescent Development (3:3:0)
 Prerequisites: CHILD 210 or PSYCH 201
 The adolescent experience will be examined within a developmental and social context, with emphasis on the importance of the family. Other contexts to be considered include peers, religion, community, schools, and broader cultural systems.
 (Winter, Spring, Fall)

CHILD 325 Professional Development (1:1:0)
 Prerequisites: CHILD 150 and CHILD 310
 Exploration of and preparation for various career options in the child development field.
 (Winter, Spring, Fall)

CHILD 330 Parent Education/Child Guidance (2:2:0)
 Prerequisite: FAML 220
 The purpose of this course is to prepare students to teach or deliver parent education in community or public settings. This course builds upon previous, required course work on parenting that was designed to help students develop a broad understanding of effective principles associated with guidance of children.
 (Winter, Spring, Fall)

CHILD 340 Language, Literacy and Learning (2:2:0)
 Prerequisite: CHILD 210
 A study of the acquisition of language and the development of literacy in children birth through age eight.
 (Winter, Spring, Fall)

CHILD 345 School-Age Practicum (5:2:8)
 Course Fees: \$60.00
 Prerequisites: CHIL150 and CHIL310
 Concurrent requisite: CHILD 350
 Hands-on experience in school-age after school programming. Course component addresses key issues in planning and implementing high quality after school programming. Lab component provides opportunity for students to actually deliver a quality program to children and families.
 (Winter, Fall)

CHILD 350 Observation and Assessment (3:3:0)
 Course Fees: \$40.00
 Concurrent requisites: Take one of the following: ECD 350L, ECD 360L, or ECD 380L
 An introduction to the observation and assessment of children and their environments. The course will cover methods of documenting change that include informal and formal assessment, observation, and standardized assessment. Emphasis will be on ethics, psychometric theory, observation, screening, standardized, and authentic assessment. The selection, administration, and interpretation of observation and assessment tools and methods will be explored.
 (Winter, Spring, Fall)

CHILD 390R Special Topics in Child Studies (1-3:0:0)
 Repeatable Course: may earn maximum of 6 credits
 Prerequisite: CHIL210
 Repeating variable credit classes dealing with specialty areas related to the scholarly study of children.
 (Winter, Spring, Fall)

CHILD 400 Research and Evaluation (3:3:0)
 Prerequisites: FAML 300 or CHILD 310
 Philosophies of critical inquiry. Principals of critiquing, designing, conducting, and reporting social science investigations. Students will understand how the research process is used in a scientific environment and in solving problems that arise in our daily lives. Students will be able to critique research reported in both popular and scientific publications for its ability to appropriately carry out the basic steps of the research process. Students, as small groups, will understand how to take a basic question about human behavior and use one of several different research methodologies available to carry out a study that will provide insight about their question of interest. Students will develop a basic understanding of the difference between positivist (quantitative) and interpretivist (qualitative) forms of research.
 (Winter, Spring, Fall)

CHILD 440 Administrative Issues (3:3:0)
 Prerequisites: Take one of the following: CHILD 345, ECD 350L, or ECD 360L
 Fundamental principles and skills for administration of service-delivery programs for children, youth, and families. Covers philosophies, ethical guidelines, DAP in various contexts, staff and program administration, budget, health and safety, nutrition/food services, family involvement, child abuse reporting, and other legal/policy guidelines.
 (Winter, Spring, Fall)

CHILD 495 Senior Seminar (1:1:0)
 Course Requirements: Senior Standing, Child Development Majors Only, To be taken final semester
 A capstone course in which students will meet together under faculty supervision to review disciplinary content across the five Child Development program outcomes in preparation to complete five assessments aligned with each of the program outcomes, and to finalize an individual e-portfolio documenting their successes as a student in the major.
 (Winter, Spring, Fall)

CHILD 498R Internship (2:0:0)
 Prerequisite: CHILD 440
 Repeatable Course: may earn maximum of 4 credits
 Child 498R is a required internship experience which allows a student the opportunity to select a professional child/family services setting in which they will work, for a minimum of 160 hours, applying concepts and developmental knowledge gained in major coursework to strengthen and enrich the lives of children and families, while deepening understanding and sharpening skills through hands on experiences and professional mentoring.
 (Winter, Spring, Fall)

ECD 350 Early Childhood Development: Toddler Core Principles (3:3:0)
 Course Fees: \$65.00
 Prerequisites: CHILD 150 and CHILD 210; or Child 300 and ED 200
 Concurrent requisite: ECD 350L
 Students will use developmental knowledge, collaboration, and assessment, to prepare and create developmentally appropriate activities for toddlers both with and without special needs through play; with an emphasis in the areas of music, movement, books/literacy, art, make believe, fine and gross motor; sensory, and blocks. Knowledge documenting toddler development, and collaborating with families and professionals in the field of early childhood will be emphasized.
 (Winter, Spring, Fall)

ECD 350A Early Childhood Development: Toddler Fundamental Principles (1:2:0)
 Course Fees: \$65.00
 Co-requisites: ED 200 and CHILD 300; or CHILD 150 and CHILD 300
 Students will learn how developmental knowledge, collaboration with families and professionals, and assessment are used to create developmentally appropriate activities for all toddlers. Music, movement, books, literacy, art, make believe, fine and gross motor, sensory and blocks will be emphasized. The course will address licensing standards including CPR, First Aid, and background checks. Should be taken the 2nd block of the semester before enrolling in the ECD 350L.
 (Winter, Spring, Fall)

ECD 350B Early Childhood Development: Toddler Applied Principles (2:2:0)

Prerequisites: ECD 350A and CHILD 300; and (ED 200 or CHILD 150)

Concurrent requisite: ECD 350L, Child Development majors will also need CHILD 350

Students will practice and use developmental knowledge, collaboration with families and professionals, and assessment to prepare and create developmentally appropriate activities for all toddlers through play. Music, movement, books, literacy, art, make believe, fine and gross motor, sensory and blocks will be emphasized.

(Winter, Spring, Fall)

ECD 350L Early Childhood Development: Toddler Lab (2:0:7)

Course Fees: \$20.00

Concurrent requisites: ECD 350 or ECD 350B, Child Development majors will also need CHILD 350.

Course Requirement: Prior semester application required

Students will receive knowledge and practical, hands-on experience working with toddlers both with and without special needs and their families in a campus lab setting with a home visit component. In the lab, child focused planning will be determined by family collaboration, assessment, family identified goals and outcomes, and/or Individualized Family Service Plan (IFSP) identified goals and outcomes, and child interest. Students will develop activity plans, perform assessments, monitor progress, and document growth based on these elements. Students must apply to be accepted into this course the semester before they want to register. This course is a co-requisite to ECD 350: Toddler Core Principles.

(Winter, Spring, Fall)

ECD 360 Early Childhood Development: Preschool Core Principles (3:3:0)

Course Fees: \$65.00

Prerequisites: CHILD 150 and CHILD 210; or ED 200 and CHILD 310; or ED 200 and CHILD 210

Concurrent requisites: ECD 360L. Child Development majors will also need CHILD 350

Students will use developmental knowledge, collaboration, and assessment, to prepare and create developmentally appropriate lessons for preschool children both with and without special needs. Curriculum development and implementation, child guidance, observation and assessment, and collaboration with parents and others in the early childhood community will be emphasized. Students will be expected to apply knowledge learned from this class to the preschool practicum.

(Winter, Spring, Fall)

ECD 360A Early Childhood Development: Preschool Fundamental Principles (1:2:0)

Course Fees: \$65.00

Co-requisites: CHILD 150 and CHILD 210 (PPE majors); or CHILD 150 and CHILD 310 (CD majors); or ED 200 and CHILD 310 (ECSE majors); or ED 200 and CHILD 210 (FCS majors).

Students will learn how developmental knowledge, collaboration with families and professionals, and assessment are used to prepare and create developmentally appropriate lesson plans for all pre-school aged children. The importance of play across curriculum areas will be emphasized. The course will address licensing standards including CPR, First Aid, and background checks. Should be taken the 2nd block of the semester before enrolling in ECD 360L.

(Winter, Spring, Fall)

ECD 360B Early Childhood Development: Preschool Applied Principles (2:2:0)

Prerequisites: ECD 360A and one of the following groups, depending on student's major: CHILD 150 and CHILD 210 (PPE majors); or ED 200 and CHILD 310 (ECSE majors), or CHILD 150 and CHILD 310 (CD majors); or ED 200 and CHILD 210 (FCS majors)

Concurrent requisite: ECD 360L, Child Development majors will also need CHILD 350

Students will practice and use developmental knowledge, collaboration with families and professionals, and assessment to prepare and create developmentally appropriate lesson plans for all pre-school aged children. Curriculum development and implementation, child guidance, and observation and assessment will be emphasized. Students will be expected to apply knowledge learned from this class to the preschool practicum.

(Winter, Spring, Fall)

ECD 360L Early Childhood Development: Preschool Lab (2-4:0:12)

Course Fees: \$20.00

Current requisites: ECD 360 or ECD 360B, Child Development majors will also need CHILD 350; PPE and 2 + 2 majors will also need CHILD 290R

Course Requirement: Prior semester application required.

Students will receive knowledge and practical, hands-on experience working with preschool aged children both with and without special needs and their families in a campus lab setting with a home visit component. In the lab, child focused planning will be determined by family collaboration, assessment, family identified goals and outcomes, and/or Individualized Education Programs (IEP) identified goals and outcomes, and child interest. This course will prepare the student to have experiential use and application of core principles, including developmental appropriate practices, preschool curriculum development and implementation, child guidance, observation and assessment, and collaboration with parents and others.

(Winter, Spring, Fall)

ECD 370 Early Childhood Development: Teaching Preschool (3:3:0)

Prerequisites: ECD 360 or ECD 360B; and CHILD 230

Concurrent requisites: ECD 370L and CHILD 440

This course focuses on curriculum development, teaching and working with preschool children, emphasis on lead teaching skills, and support of children's play.

(Winter, Spring, Fall)

ECD 370L Early Childhood Development: Teaching Preschool Lab (4:0:12)

Prerequisite: ECD 360L

Concurrent requisites: ECD 370 and CHILD 290R

Course Requirement: Prior semester application required

Second level preschool practicum for students majoring in Professional Preschool Education. Students will function primarily as a lead teacher in the campus preschool laboratories, writing and implementing curriculum plans, and adapting curriculum for children with diverse abilities.

(Winter, Spring, Fall)

ECD 380 Early Childhood Development: Program Management (2:2:0)

Prerequisites: CHILD 440 and ECD 370

Concurrent requisites: ECD 380L and CHILD 350

Students will manage experiences for young children and their families. Students will collaborate and build the leadership skills required of a team. They will be responsible for record keeping, staff development, budget, in-service training, parent communication, accreditation, and operation of the early childhood environment. Discussion will focus on issues relating to the care and education of young children.

(Winter, Spring, Fall)

ECD 380L Early Childhood Development: Program Management Lab (4:0:12)

Concurrent requisites: ECD 380 and CHILD 290R, current first aid and CPR certification

Course Requirement: Prior semester application required.

As the third level teaching experience for educators working with young children, students will demonstrate model teaching and coaching practices, provide needed in-service training to lab staff, and maintain lab facilities according to national accreditation standards.

(Winter, Spring, Fall)

FAML 100 The Family (3:3:0)

Application of gospel truth and supportive scholarship to strengthen marriage and family relationships using "The Family: A Proclamation to the World" as the guiding framework.

(Winter, Spring, Fall)

FAML 110 Marriage Skills (1:1:0)

Foundational principles of successful marriages with application to strengthening marriages.

(Winter, Spring, Fall)

FAML 120 Parenting Skills (1:1:0)

Foundational principles and basic skills of parent-child interaction with application to typical decisions, problems, and opportunities encountered by parents.

(Winter, Spring, Fall)

FAML 150 Introduction Marriage and Family Studies (1:1:0)
 This is an introductory and required course for all students desiring to obtain a major in marriage and Family. This class is inappropriate for non-majors. Students with a Marriage and Family minor may also enroll in the class. Includes an overview of historical and current scientific, societal, and family issues related to the family sciences. Applications will be made to career and advanced educational opportunities, as well as family, church and community settings.
 (Winter, Spring, Fall)

FAML 160 Family Relations (3:3:0)
 This is an overview course of family development across the lifespan including the study of the family as a system, family interaction, family issues, and family roles. The course will emphasize the relationship of the family and its environment. Consideration is given to the cultural diversity and heritage of families.
 (Winter, Spring, Fall)

FAML 200 Preparation for Marriage (2:2:0)
 This course highlights skills, attitudes, behaviors, and principles needed to prepare oneself for a strong marriage and to wisely select a marriage partner. Preparation for marriage is also emphasized by focusing on healthy practices related to dating, courtship, engagement, and the transition following marriage.
 (Winter, Spring, Fall)

FAML 220 Parenting (3:3:0)
 A study of theories, principles, and practices needed to build nurturing and supportive parent-child relationships and to guide children toward healthy developmental outcomes.
 (Winter, Spring, Fall)

FAML 300 Marriage (3:3:0)
 Focuses on contemporary issues affecting marriage, along with skills and principles needed to build strong and successful marriages.
 (Winter, Spring, Fall)

FAML 360 Family Stress and Coping (3:3:0)
 Course requirement: Junior/Seniors only
 A study of families under stress, including the many external and internal influences that play a role in determining a family's experience of stress. An ecological model will be used to understand potential risk factors that pose problems for families, along with protective factors that help families to be resilient. An applied focus will be maintained to learn of ways to help families under stress.
 (Winter, Spring, Fall)

FAML 390R Special Topics in Family Studies (0.5-4:0:0)
 Repeatable Course: may earn maximum of 4 credits
 Repeating variable credit classes dealing with specialty areas relating to marriage and family. For topics, see class schedule.
 (Spring)

FAML 400 Family Theories and Dynamics (3:3:0)
 Course Requirement: Junior/Seniors only
 In-depth look at family theories and their assumptions including: systems theory, exchange theory, family development theory, and symbolic interactionism and ecological theory. Family processes related to power, communication, dysfunctions and addictions, rules and patterns of interaction, distance regulation, and family rituals. Using theory to develop intervention and prevention programs
 (Winter, Spring, Fall)

FAML 420 The Helping Relationship (3:3:0)
 Course Requirement: Junior/Seniors only
 A skill based course to prepare students to effectively use interpersonal communication skills associated with helping individuals and families in a variety of settings. Role playing will be one of the primary learning methods. These skills are especially valuable for students planning to enter a human service profession, counseling/therapy, or planning to pursue graduate studies.
 (Winter, Spring)

FAML 430 Family and Community Relationships (3:3:0)
 Course Fees: \$60.00
 Course Requirement: Junior/Seniors only
 Ecological and gospel perspectives on providing family-focused prevention and intervention services and support to diverse families, with emphasis on communicating with families, empowering parents, developing family and professional partnerships, interagency collaboration, and accessing and linking families and community resources.
 (Winter, Spring, Fall)

FAML 445 Family Practicum (4:3:3)
 Prerequisites: FAML 150, FAML 160, FAML 220, FAML 300, and HFED 340
 Practical experience will be received by preparing curriculum needed to teach a workshop or seminar on some aspect of family life. After preparing the curriculum, students will market the program, conduct the workshop, and evaluate the effectiveness of the education. A strong emphasis will be placed on how to teach effectively in group settings.
 (Winter, Spring, Fall)

FAML 460 Child and Family Advocacy (3:3:0)
 Course Fees: \$50.00
 Course Requirement: Junior/Senior only
 Focus on current challenges or issues being experienced by children and families and on the development of public policies to address these issues. An ecological approach to the study of policy formation with the aim of gaining knowledge and skills to successfully advocate for appropriate and effective child and family policies.
 (Winter, Spring, Fall)

FAML 498R Internship (2-4:0:0)
 Repeatable Course: may earn maximum of 4 credits
 Prerequisite: FAML 445
 Students will apply their knowledge and skills working in a family or human service setting that services children or families. Students will also gain applied knowledge by receiving supervision from an on-site supervisor.
 (Winter, Spring, Fall)

HFED 101 Introduction to Family and Consumer Science (2:2:0)
 This course covers basic concepts, philosophy, career exploration and professional development in the Family and Consumer Science area.
 (Winter, Spring, Fall)

HFED 110 Introductory Foods (2:1:2)
 Course Fees: \$40.00
 Open to all students. Develops skills in food preparation. Hands-on laboratory experience allows students to practice appropriate techniques in food preparation.
 (Winter, Spring, Fall)

HFED 140 Introduction to Architecture: Interior Design (3:3:0)
 An introductory historical perspective of significant eras that influence architectural and interior designs in today's world.
 (Winter, Spring, Fall)

HFED 150 Practical Homemaking (2:1:2)
 Course Fees: \$20.00
 Students rotate on a four-week basis in areas covering food preparation, basic sewing, and interior decorating. Emphasis is on practical, hands-on learning experiences.
 (Winter, Spring, Fall)

HFED 160 Home and Family Management (3:3:0)
 Course Fees: \$15.55
 Examines the basic, timeless concepts underlying the field of management including values, goal-setting, decision-making, resources, and planning as it relates to the home and family. Practical application of course content with the 7 Habits of Highly Effective College Students to build new, lasting behaviors of effectiveness as an individual and within families.
 (Winter, Spring, Fall)

HFED 205 Family and Consumer Science Practicum (2:1:2)
 Prerequisites: HFED 101
 An introduction to Family and Consumer Science Education classes in secondary schools. Curriculum based on Idaho Core Teacher Standards for secondary education.
 (Winter, Fall)

HFED 207 Clothing Construction I (2:1:2)
 Course Fees: \$7.00
 For those with little or no sewing experience. Students will learn the application of construction principles from commercial patterns in making apparel. Emphasis will be on basic construction techniques and fundamental fitting. Materials approximately \$50 or more.
 (Winter, Spring, Fall)

HFED 208 Fashion Design and Merchandising (2:2:0)
 Students will gain an understanding of the basics of fashion design and merchandising, and develop a business plan for marketing their personal skills and abilities in the area of fashion.
 (Winter, Spring, Fall)

HFED 221 Home Decor Sewing (2:1:2)
 Course Fees: \$5.00
 A basic how-to course designed to teach construction techniques for home decor sewing. Pillows, pillow shams, dust ruffles, duvet covers, bedspreads, quilts, table linens, and window treatments will be included. Students are required to furnish the fabric and notions for individual projects. Materials are approximately \$30 to \$60 or more.
 (Winter, Spring, Fall)

HFED 235 Children's Clothing (2:1:2)
 Course Fees: \$10.00
 Selection and construction of children's clothing using the serger and sewing machine. Projects include bib, booties, sleeper, t-shirt, cap, pants, dress, and coat. No sewing experience required. Materials approximately \$45.00 or more.
 (Winter, Spring, Fall)

HFED 240 Meal Management (2:1:3)
 Course Fees: \$40.00
 Prerequisite: HFED 110
 Implementation of meal management principles as they relate to controlling cost, providing satisfying meals, entertaining, conserving time and energy, using modern kitchen technology, and ensuring food safety. Students will plan and prepare food for meal service.
 (Winter, Spring, Fall)

HFED 245 Pattern Making (3:2:1)
 Principles of pattern making using basic drafting and flat-pattern techniques in half and full size patterns for woven and knit fabrics.
 (Winter, Spring, Fall)

HFED 307 Advanced Sewing Construction (4:3:3)
 Course Fees: \$7.00
 Prerequisite: HFED 207
 Advanced construction techniques will be applied to portfolio samples along with practical application projects including serger project, plaid shirt, fly front pants, recycling, and lined project. Materials approximately \$70 or more.
 (Winter, Spring, Fall)

HFED 340 Money Management (3:3:0)
 Financial concepts of direct concern to the individual or family. Budgeting, financial institutions and services, consumer buying, use and control of credit, financial records, buying and selling homes, insurance, and basic investments.
 (Winter, Spring, Fall)

HFED 345 Fitting and Alteration (3:2:2)
 Course Fees: \$30.00
 Prerequisites: HFED 307, HFED 245
 Basic fitting and alteration of women's patterns, constructed and ready-to-wear apparel clothing. Materials approximately \$50 or more.
 (Winter, Fall)

HFED 360 Textiles (3:2:2)
 Course Fees: \$10.00
 Study of fabric including fiber, yarns, methods of construction and finishes. Application of this information to personal and client use.
 (Winter, Fall)

HFED 364 Introduction to Food Science (4:3:2)
 Course Fees: \$25.00
 Prerequisites: any CHEM course, HFED 110, and NUTR 150
 Chemical and physical properties of foods relative to preparation and processing.
 (Spring, Fall)

HFED 380 Connect Education and Employment (3:3:0)
 Course Fees: \$60.00
 Prerequisites: HFED 101, HFED 205
 This course is an advanced study of coordinated work experience in the educational setting of Professional Technical Education. The focus of the course is to provide the skills and knowledge needed for the professional teacher to be competent in creating and maintaining a cooperative education or school-to-work system. It includes foundation of Professional Technical education, coordination of work-based learning programs, career pathways and guidance, organizing and working with occupational advisory committees, and organization and administration of student groups.
 (Winter, Fall)

HFED 405 Teaching Methods for Family and Consumer Science (3:3:0)
 Course Fees: \$65.00
 Prerequisites: HFED 205, HFED 380
 This class is preparation for secondary teaching, with application of teaching methods and theories used in a Family and Consumer Sciences secondary classroom. Concurrent enrollment in HFED 450 is required. SecEd 492 must be taken the following semester.
 (Spring, Fall)

HFED 450 Curriculum Development in Occ Ed (3:3:0)
 Prerequisites: HFED 205, HFED 380
 This course is a teacher preparation class for family and consumer science majors. The development of curriculum focuses upon meeting the needs of secondary education students, multicultural students and adult learners. Concurrent enrollment in HFED 405 is required. SecED 492 must be taken the following semester.
 (Spring, Fall)

HFED 490R Special Studies in HFED (1-3:0:0)
 Repeatable Course: may earn maximum of 9 credits
 Special updates in Family and Consumer Sciences Education topics. Repeatable for variable credit.
 (Fall, Winter)

HFED 498R Internship for FCSE Major (1-6:0:0)
 Repeatable Course: may earn maximum of 6 credits
 Prerequisite: HFED 380
 Internship for Home and Family minor or secondary education vocational endorsement. Opportunity to link academic learning with industry experience. Recommended to be taken as work experience while off track. One credit hour required for occupational endorsement in Family and Consumer Science. 160 work hours are required.
 (Winter, Spring, Fall)