GOAL: EXPERIENCE NATURE IN A NEW WAY

Nature, it’s all around us. Sometimes we immerse ourselves in it, and at other times, it passes by without notice. Outdoor Activities would like to challenge you to experience nature in a new way. The challenges below will help you explore new ways to experience nature. Once you have completed a challenge share it with the rest of BYU-Idaho through our blog. You can share photos, videos, pictures or journal entries.

1. Go for a walk in nature and seek out something that you find different, unique, or captivating. Write a short story or poem about it and take a photo or video of it. Then share it with the students of BYU-Idaho on our outdoor blog. Don’t have a camera? Try your hand at drawing what you saw. Whatever your tool or medium we want to share in your experience.

2. Visit a national park or place of natural or cultural history. Seek out something that is unique to this place. Take a photo, draw a picture, or write about it and then share your experience.

3. Adopt a park, playground or other outdoor space and pick a day to go and clean it up. In taking care of a place greater appreciation will be found for it. Want a bigger challenge? Get a group of people to help you. Share what you accomplished with the rest of us. You can always add photos or videos about it.

4. President Spencer W. Kimball said that gardening will “remind us all of the law of the harvest. … We do reap what we sow even if the plot of soil you cultivate, plant, and harvest is a small one, it brings human nature closer to nature as was the case in the beginning with our first parents” (in Conference Report, Apr. 1976, 117; or Ensign, May 1978, 77–78). You guessed it; we want you to plant a garden. From the Family Home Evening Resource Guide: “Many people who live in apartment buildings or houses with little or no yard space may think they cannot follow the prophet’s counsel to plant a garden. But you can grow quite a bit of food in pots and hanging planters inside your home or on a balcony. This activity will help you get started gardening in containers. Even if your family has plenty of outdoor garden space, you might want to try growing some of your vegetables indoors.”

- Take pictures of how your garden progresses from start to finish.
- Find 3 scriptures or talks about provident living or self-sufficiency on how having a garden is important.
- Record the benefits of having your own garden and post it on our blog.