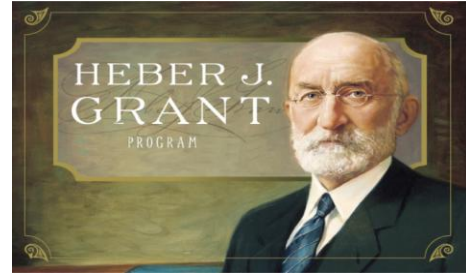


Course Syllabus

Heber J. Grant Life Skills



Purpose: The purpose of the Heber J. Grant Life Skills Course is to help individuals understand and live principles of self-reliance, stewardship, and replenishment.

The course will focus on the following modules:

- **Self-Reliance:** Self-reliance is achieved as the Lord magnifies individuals who are developing and applying personal skills and abilities. In this module students will learn and apply principles of provident living as they prepare personal budgets, identify the difference between needs and wants, begin building a reserve, and prepare and apply for scholarships and financial aid. These simple skills will provide students with a necessary foundation to become self-reliant as they exercise faith in Christ.
- **Stewardship:** Individually, people have divinely given resources and each will have to give an accounting of their stewardship. In preparation, students will set goals, develop ways to manage their time, identify effective study skills, prepare a graduation plan, and begin thinking about careers and internships. When individuals understand the principle of stewardship, they will be better prepared to receive greater resources.
- **Replenishment:** The essence of replenishment rest in the principles of gratitude, sacrifice, and action. Students will have an opportunity to develop a spirit of replenishment as they render service on campus, in church, and within their community.

Course Structure

The Heber J. Grant Life Skills Course incorporates the BYU–Idaho Learning Model architecture of *prepare, teach one another, and ponder and prove*. This course differs from others in that it uses peer instruction as the chief form of instruction. Peer instruction, simply put, is students teaching students. A group of trained students, called peer facilitators, will provide most of the course instruction. On Tuesdays, the peer facilitators will lead a large group approach to learning the doctrines and principles of the assigned topic. On Thursdays, class members will meet in their learning teams, with peer facilitators as guides, in a small group setting focused on applying principles and doctrines learned in large group.

Prepare

- Attendance/Self-assessment
- Pre-Assessment
- Preparation Assignment

Teach One Another

- Team Participation
- Teaching Summary

Ponder and Prove

- Assignments
- Portfolio
- Final

The course is a two-credit General Studies elective offered on all tracks and will be held on the BYU–Idaho campus. All Heber J. Grant scholars are encouraged to take the course, and successful participants will be encouraged to subsequently participate in course leadership and development. Students applying for financial aid or other support services are also encouraged to take the course. This class is also open to all BYU–Idaho students that are interested.

The course is divided into four teaching modules and will last approximately 12 weeks. There are chapters that provide information on principles being taught, helpful scriptures and quotes, suggested ways to prepare, and as a general resource for learning. Students are responsible for preparing for class by studying the chapter and supplemental materials for each week:

Module 1: Introduction

- Core Principles: Self-Reliance, Stewardship, and Replenishment
- Heber J. Grant Profile and Program
- BYU–Idaho Learning Model
- Peer-to-Peer Learning

Module 2: Self-Reliance

- Provident Living
- Budgeting
- Avoiding Debt
- Building a Reserve
- Financial Aid and Scholarships

Module 3: Stewardship

- Goal Setting
- Time Management
- Study Skills
- Academic Advisement
- Career Planning and Internships

Module 4: Replenishment

- Replenishment Principles
- Giving Back
- Service

Grading

Because personal application is an important part of the learning in this course, students will be expected to be active learners. This will include being prepared for class, completing assignments, and actively participating in class. Students will be evaluated on the three step process of the Learning Model which includes the following criteria:

Prepare 25%

- Attendance 10%
 - 0-implies you did not read the material (or you did not attend class)
 - 1-implies you skimmed the materials and study questions
 - 2-implies you read the material and studied the questions with some effort
 - 3-implies that you read the material carefully and analyzed the study questions with someone in the class (1/2 hour minimum)
 - More than three absences will result in a full letter grade deduction
- Pre-Assessment 5%
 - Opens Friday and closes Monday at midnight
- Preparation Assignments (Thursday learning teams) 10%
 - Write summaries for foundational readings
 - Summary Outline
 - So what?
 - Key points
 - Questions you had while reading
 - How do the key points relate to principles of self-reliance, stewardship, and replenishment?
 - Teach team members

Teach 25%

- Team Participation 15%
 - The class will be divided into semester-long teams and will include a rotating Team Leader who will organize discussion, keep on task, and manage time
 - Team leaders will grade students' participation using a 0-3 scale
 - Team leaders will hand in a hand written report to their peer facilitator detailing the experience at the end of class on Thursday
- Application Outside the Class 10%
 - Each week students will be required to teach a roommate or friend what they learned that week and submit a summary of their experience into their portfolio
 - Summaries should include the following:
 - The principle and skill taught and method of instruction
 - The individual taught
 - Insights the individual gained from your interaction

Ponder/Prove 25%

- Assignments 10%
- Portfolio 15%
 - Goal Sheet
 - Budget Sheet
 - Schedule

Final 25%

- Case Study Write Up 20%
- Bring a buddy to class 5%

Requirements

Students need to take a pre-assessment before the first full week of school. The test can be found on I-Learn.

***No personal use of laptops and cell phones is allowed in class unless instructed. Instructor reserves the right to change anything within this document at anytime during the course of instruction.**

Course Scheduling

Heber J. Grant Life Skills Course

Emphasis on Teaching Core Principles: Self Reliance, Stewardship, and Replenishment

“True Doctrine, Understood, Changes Behavior”

L=Large Group, T=Learning Teams

	Session	True Doctrine	Understood	Changes Behavior
	Introduction			
Week 1	Course Syllabus (L)	<ul style="list-style-type: none"> Prepare, Teach One Another, Ponder/Prove 	<ul style="list-style-type: none"> Syllabus & Brief Overview of the Course 	<ul style="list-style-type: none"> Review the syllabus and search for scriptures that support the key principles of the course
Week 2 Introduction	Section 1: Introduction to HJG Life Skills Course (L)	<ul style="list-style-type: none"> Self-Reliance, Stewardship, and Replenishment 	<ul style="list-style-type: none"> Introduction 	<ul style="list-style-type: none"> Review the introduction and come prepared to ask questions and teach what you learned
	Section 2: The Life of Heber J. Grant (T)	<ul style="list-style-type: none"> Self Reliance, Stewardship, and Replenishment 	<ul style="list-style-type: none"> Profile of the Life of Heber J. Grant (online video) “Life and Ministry of Heber J. Grant” in Teachings of the Presidents of the Church: Heber J. Grant (pp. x-xii, xx-xxv) 	<ul style="list-style-type: none"> Watch the online video on The Life of President Heber J. Grant and complete the “Life of Heber J. Grant Worksheet”
Week 3 Chapter 1	Section 1: The BYU-Idaho Learning Model (L)	<ul style="list-style-type: none"> Learning Model Principles Peer-to-Peer learning Principles 	<ul style="list-style-type: none"> Peer Facilitator Training Module 1 	<ul style="list-style-type: none"> Study Peer Facilitator Training Module 1, complete assignments in Chapter 1 Section 1, and come prepared to teach what you learn
	Section 2: Peer-to-Peer Instruction (T)	<ul style="list-style-type: none"> Preparation Participation 	<ul style="list-style-type: none"> Peer Facilitator Training Module 2 	<ul style="list-style-type: none"> Study Peer Facilitator Training Module 2, read and complete assignments from Chapter 1 Section 2, and come prepared to teach what you learn

	Self-reliance			
Week 4 Chapter 2	Section 1: Foundations of Provident Living (L)	<ul style="list-style-type: none"> Self-Reliance Pay the Lord First Keep a Budget 	<ul style="list-style-type: none"> “One for the Money” (pp. iii, 1-4) Online lessons “Overview” and “Pay Tithes” on providentliving.org 	<ul style="list-style-type: none"> Study Chapter 2 Sections 1 and 2 along with other readings
	Section 2: Budgeting (T)	<ul style="list-style-type: none"> Self Reliance Pay the Lord First Keep a Budget 	<ul style="list-style-type: none"> “Use a Budget” on providentliving.org “One for the Money” (p.6-7) 	<ul style="list-style-type: none"> Calculate budget requirements through one academic semester

SELF RELIANCE * STEWARDSHIP * REPLENISHMENT

Week 5 Chapter 2	Section 3: Avoiding Debt & the Power of Interest (L)	<ul style="list-style-type: none"> • Deferred Gratification • The Burden of Debt • Needs vs. Wants 	<ul style="list-style-type: none"> • “Avoid Debt” on providentliving.org • “Principles of Financial Security”(p. 119-123) 	<ul style="list-style-type: none"> • Study Chapter 2 Sections 3 along with other readings • Continue to track expenses
	Section 4: Building a Reserve (T)	<ul style="list-style-type: none"> • Self-Reliance • Prepare for the Future • Accountability 	<ul style="list-style-type: none"> • “Build a Reserve” on providentliving.org • “One for the Money” (pp. 8-11) 	<ul style="list-style-type: none"> • Study ways to build a reserve included in Chapter 2 Section 4 • Opening a savings account • Report your expense tracking
Week 6 Chapter 3	Section 1: Integrity in Financial Aid (L)	<ul style="list-style-type: none"> • Self-Reliance • Accountability • Gratitude 	<ul style="list-style-type: none"> • Scholarship Overview • Financial Aid Overview: FAFSA, Pell Grants, Stafford Loans 	<ul style="list-style-type: none"> • Study and complete the assignments in Chapter 3 Section 1 and come prepared to teach what you learn
	Section 2: Student Financial Aid (T)	<ul style="list-style-type: none"> • Self-Reliance • Accountability • Gratitude 	<ul style="list-style-type: none"> • Scholarship Overview • Financial Aid Overview: FAFSA, Pell Grants, Stafford Loans 	<ul style="list-style-type: none"> • Study Chapter 3 Section 2 • Bring your completed budget and meet with a Student Financial Aid representative • Apply for additional scholarships or financial aid

	Stewardship			
Week 7 Chapter 4	Section 1: Goal Setting (L)	<ul style="list-style-type: none"> • Act, Not Be Acted Upon • Stewardship • Principles of Effective Goal Setting 	<ul style="list-style-type: none"> • “Keeping Life’s Demands in Balance” Russell M. Ballard 	<ul style="list-style-type: none"> • Study Chapter 4 Sections 1 and 2 along with other reading assignments and come prepared to teach what you learn
	Section 2: Goal Follow-Up & Achievement (T)	<ul style="list-style-type: none"> • Act, Not Be Acted Upon • Stewardship • Principles of Effective Goal Setting 	<ul style="list-style-type: none"> • Setting Expectations • Goal Setting 	<ul style="list-style-type: none"> • Set both long term and short term goals and share them with your lab
Week 8 Chapter 5	Section 1: Time Management (L)	<ul style="list-style-type: none"> • Act, Not Be Acted Upon • Stewardship • Principles of Effective Time Management 	<ul style="list-style-type: none"> • Time Management • Identify Priorities 	<ul style="list-style-type: none"> • Study Chapter 5 Sections 1 and 2 along with other reading assignments and come prepared to teach what you learn
	Section 2: Effective Planning & Prioritizing (T)	<ul style="list-style-type: none"> • Act, Not Be Acted Upon • Stewardship • Principles of Effective Time Management 	<ul style="list-style-type: none"> • “A Child of Promise” Henry B. Eyring 	<ul style="list-style-type: none"> • Present, evaluate, and refine weekly schedule
Week 9 Chapter 6	Section 1: Success in Education (L)	<ul style="list-style-type: none"> • Education is the key • Take responsibility for your learning • Study to understand and to teach • Study skills can be learned 	<ul style="list-style-type: none"> • “With All Thy Getting, Get Understanding” Gordon B. Hinckley • “Loving God with all thy Mind” John Welch • http://www.byui.edu/academiclearning/ 	<ul style="list-style-type: none"> • Study Chapter 6 Sections 1 and 2 along with other reading assignments and come prepared to teach what you learn

SELF RELIANCE * STEWARDSHIP * REPLENISHMENT

	Section 2: Study Skills (T)	<ul style="list-style-type: none"> • Education is the key • Take responsibility for your learning • Study to understand and to teach • Study skills can be learned 	<ul style="list-style-type: none"> • www.besmart.com • “10 Questions about Academic Learning” 	<ul style="list-style-type: none"> • Take the “Learning Style Inventory” at the Academic Learning Center • Visit the Tutoring Center and use the resources
Week 10 Chapter 7	Section 1: Academic Advising (L)	<ul style="list-style-type: none"> • Preparation • The Power of Counsel • Planning 	<ul style="list-style-type: none"> • “Introduction to Advising at BYU-Idaho” • “Choosing your Major at BYU-Idaho” 	<ul style="list-style-type: none"> • Study Chapter 7 Sections 1 and 2 along with other reading assignments and come prepared to teach what you learn
	Section 2: Reassessment of Academic Planning (T)	<ul style="list-style-type: none"> • Preparation • The Power of Counsel • Planning 	<ul style="list-style-type: none"> • “Introduction to Advising at BYU-Idaho” • “Choosing your Major at BYU-Idaho” 	<ul style="list-style-type: none"> • Visit your academic counselor in your major • Meet with open major counselor if undecided • Present work plan
Week 11 Chapter 8	Section 1: Career Planning (L)	<ul style="list-style-type: none"> • Receiving direction in the choice of a career • The power of personal experience 	<ul style="list-style-type: none"> • “Prepare for Honorable Employment” Howard W. Hunter 	<ul style="list-style-type: none"> • Study Chapter 8 Sections 1 and 2 along with other reading assignments and come prepared to teach what you learn
	Section 2: Career Planning (T)	<ul style="list-style-type: none"> • Receiving direction in the choice of a career • The power of personal experience 	<ul style="list-style-type: none"> • http://www.byui.edu/careerservices/ics/student.htm 	<ul style="list-style-type: none"> • Visit Internships Office • Know best placing jobs overall, in major

	Replenishment			
Week 12 Chapter 9	Section 1: Giving Back (L)	<ul style="list-style-type: none"> • Gratitude • Sacrifice • Replenishment 	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Study Chapter 9 Sections 1 and 2 along with other reading assignments and come prepared to teach what you learn
	Section 2: Giving Back at BYU-Idaho (T)	<ul style="list-style-type: none"> • Replenishment • Giving Back 	<ul style="list-style-type: none"> • Involvement Fair 	<ul style="list-style-type: none"> • Discuss planted seeds in your life • Set participation goals for HJG and other campus involvement • Help enroll students for next semester
Week 13 Chapter 10	Section 1: Giving Back to the Church (L)	<ul style="list-style-type: none"> • Preparation • Responsibility • Replenishment 	<ul style="list-style-type: none"> • Mission Fund • Fast Offering • PEF • Humanitarian Aid 	<ul style="list-style-type: none"> • Study Chapter 10 Sections 1 and 2 • Discuss how personal preparation helps build the kingdom of God
	Section 2: Giving Back to the Community (T)	<ul style="list-style-type: none"> • Preparation • Replenishment 	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Discuss what you learned about giving back in your own communities

SELF RELIANCE * STEWARDSHIP * REPLENISHMENT

Week 14 Chapter 11	Final Review (L)	• Self Reliance, Stewardship, and Replenishment	•	• Study Chapter 11 • Complete review sheet • Take post assessment • Hand in Portfolio
-------------------------------	---------------------	---	---	--