

# Resources in the Rexburg Area

Updated March 2018

## Counseling Services

<p><b>Centerpoint Counseling</b> 393 E. 2<sup>nd</sup> N. \$85/Session \$30/Session with intern therapist</p>	<p>(208) 359-4840 <a href="http://www.centerpointcounseling.com">www.centerpointcounseling.com</a></p>
<p><b>Child &amp; Family Resource</b> 316 N 3<sup>rd</sup> E \$65/Session</p>	<p>(208) 356-4911 <a href="http://www.childandfamilyresource.com">www.childandfamilyresource.com</a></p>
<p><b>Cornerstone Counseling</b> 859 S Yellowstone Hwy Suite #202</p>	<p>(208) 313-7464 <a href="http://www.cornerstonecounselingrexburg.com">www.cornerstonecounselingrexburg.com</a></p>
<p><b>Integrated Counseling and Wellness</b> 101 E. Main St Suite #210 \$90/Session</p>	<p>(208) 357-3104 <a href="http://www.integratedcounselingandwellness.com">www.integratedcounselingandwellness.com</a></p>
<p><b>LDS Family Services</b> Mission Evaluation, no charge Early Return Missionary, 6 session no charge (Bishop has to make a referral) No Insurance Billing</p>	<p>631 N. 2<sup>nd</sup> E., Rexburg Rexburg: (208) 356-6975 Idaho Falls: (208) 529-5276</p>
<p><b>Mental Wellness Center</b> 36 Professional Plaza Suite #220, Rexburg</p>	<p>(208) 821-3554</p>
<p><b>Ostermiller Counseling Services</b> 242 E. 7<sup>th</sup> N. Suite #4 Sliding scale fee available</p>	<p>(208) 359-9683</p>
<p><b>South Fork Services</b> 310 N. 2<sup>nd</sup> E., Suite #112 \$90/Session</p>	<p>(208) 356-5675 Email: <a href="mailto:southforkservices@yahoo.com">southforkservices@yahoo.com</a></p>
<p><b>Trevor Rasmussen Counseling</b> 859 S. Yellowstone Hwy, Suite #202</p>	<p>(208) 227- 3549</p>
<p><b>Tueller Counseling</b> 420 W. 4<sup>th</sup> S. Rexburg, Idaho Sliding scale fee: \$70/hour, \$35/30mins</p>	<p>(208) 656-4017 <a href="http://www.tuellercounseling.com">www.tuellercounseling.com</a></p>
<p><b>Upper Valley Resource &amp; Counseling Center</b> 1223 S. Railroad Ave., Sugar City</p>	<p>(208) 359-0519 <a href="http://www.uvrcc.com">www.uvrcc.com</a></p>
<p><b>Rexburg Counseling</b> 859 South Yellowstone, Suite # 301 \$80/session</p>	<p>(208) 356-0088 Rexburg-counseling.com</p>
<p><b>Affinity Counseling LLC.</b> 343 E. 4<sup>th</sup> N #204 \$80/Session</p>	<p>(209)346-3322 <a href="mailto:Affinitycounselingforyou@gmail.com">Affinitycounselingforyou@gmail.com</a></p>
<p><b>Nutrition for Hope</b> \$55/ virtual session</p>	<p>(801) 472-4103 <a href="http://www.nutitionforhope.com">www.nutitionforhope.com</a></p>
<p><b>Red Door Rehabilitation</b> 237 N. 2<sup>nd</sup> E. #102 Rexburg, ID \$43-\$70/ 1hr. Session</p>	<p>(208)354-3005 <a href="http://www.reddoorsupports.com">www.reddoorsupports.com</a></p>

## Pornography & Addiction Services

<p><b>Centerpoint Counseling (Mending The Armor Group)</b> Brandon Buhler, LMFT 393 E. 2<sup>nd</sup> N.</p>	<p>(208) 359-4840</p>
<p><b>LDS Addiction Recovery Program</b> 631 N. 2<sup>nd</sup> E., Rexburg</p>	<p>Rexburg: (208) 356-6975 <a href="http://arp.lds.org">arp.lds.org</a></p>
<p><b>LifeSTAR</b> Rosemary Smith, LMSW</p>	<p>(208) 313-7464 <a href="http://www.rsmithcounseling.com">www.rsmithcounseling.com</a></p>
<p><b>Renaissance Ranch Addiction Treatment</b></p>	

<b>Centers</b> 1020 Landmark Street, Idaho Falls	(208) 501-2208 <a href="http://www.idahoaddictioncenters.com">www.idahoaddictioncenters.com</a>
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### **Community Mental Health Medication Management**

Nate Bradfield, PNP Jeff Anderson, PNP Mental Wellness Center at Seasons Medical Center, Rexburg	(208) 821-3554 to schedule M-H 9:00-6:00 <a href="http://www.mweid.com">www.mweid.com</a>
Dr. Kayne Kishiyama and Dr. Richard New, Idaho Falls	(208) 552-0920
Dr. Ronald Zohner, Idaho Falls	(208) 552-5707
Rachel Adams, PNP Integrated Counseling and Wellness Rexburg	(208) 357-3104 <a href="http://Integratedcounselingandwellness.com">Integratedcounselingandwellness.com</a>

### **Neuropsychological Testing for Learning Disabilities**

<b>Centerpoint Counseling</b> 393 E. 2 <sup>nd</sup> N. \$85/Session	(208) 359-4840 <a href="http://www.centerpointcounseling.com">www.centerpointcounseling.com</a>
<b>John Landers</b> 3385 Potomac Way, Idaho Falls 83404	(208)523-3857
<b>Psychology Center of Idaho Falls</b> 3670 S. 25 <sup>th</sup> E., Suite 2 - Idaho Falls, 83402	(208) 522-3404 <a href="http://www.psychologycenterofidahofalls.com">www.psychologycenterofidahofalls.com</a>
<b>Innovative Health Care Concepts, Inc.</b> 111 East 16th Street - Idaho Falls, 83404	(208) 523-1130 <a href="http://www.ihccinc.com">www.ihccinc.com</a>

### **Community Services**

(for persons with no insurance and limited financial resources)

<b>Behavioral Health Crisis Center</b> 1650 N. Holmes – Idaho Falls	(208) 522-0727
<b>Grand Peaks Medical Dental</b> (sliding scale fee) 72 S. 1 <sup>st</sup> E. – Rexburg	(208) 356-4900 <a href="http://www.GrandPeaks.org">www.GrandPeaks.org</a>
<b>Madison Cares</b> 60 W. Main St.	(208) 359-3300 <a href="http://www.ms321.com">www.ms321.com</a>
<b>Military Assistant Specialist</b> (for spouses and families of actively serving military personnel) Bev McLanden	(208) 243-1043
<b>Rexburg Family Crisis Center</b> 16 E. Main St.	(208) 356-0065
<b>Rexburg Mobile Food Pantry</b> 4915 South Highway 191	RexburgMFP@gmail.com
<b>State of Idaho Health &amp; Welfare</b> (mental health division) 333 Walker Dr.	(208) 528-5700
<b>State of Idaho Suicidal Hotline</b>	1-800-273-TALK
<b>National Crisis Textline: <a href="http://crisistextline.org">crisistextline.org</a></b>	Text “HOME” or “HELP” to 741741

### **Transportation Providers**

(Please call 24 hours ahead)

<b>Enterprise CarShare</b> Offered through BYU-Idaho	<a href="http://www.byui.edu/university-operations/facilities-management/fleet-services/enterprise-carshare">http://www.byui.edu/university-operations/facilities-management/fleet-services/enterprise-carshare</a>
<b>Road Runner</b>	(208) 359-1100
<b>TRPTA</b>	(208) 535-0356
<b>Rollin Shuttle</b>	(208) 390-3830
<b>Walmart Shuttle</b>	<a href="http://www.rexburgwalmartshuttle.com">www.rexburgwalmartshuttle.com</a>