

Department of

Psychology



Eric Gee, Department Chair

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Philosophy

The purpose of the BYU-Idaho Psychology Department is to use the study of behavior, mental states, and processes to provide students with an opportunity to evaluate and modify their own behavior and goals in light of LDS standards and psychological principles.

The courses are designed to ensure that students develop a foundation for further psychological inquiry, enhance their understanding of the relationship of psychology to other disciplines, and provide means by which the principles of psychology can be used to improve life.

ETS Major Field Test

Graduating seniors are required to take the ETS Major Field Test in order to graduate. This needs to be taken during their last semester at BYU-Idaho.

The Psychology Department Target Outcomes for the BS in General Psychology:

1. Students will be prepared to find employment and to be effective employees.
2. Students will be prepared for further education and training.
3. Students will have a knowledge base of psychology: students will be able to explain major psychological concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
4. Students will apply research methods in psychology: for example, research design, data analysis, and interpretation.
5. Students will think critically in psychology and use rigorous inquiry to answer questions regarding behavior and mental processes within a gospel framework.
6. Students will apply psychological principles to personal, social, educational, and organizational issues.
7. Students will have established values in psychology: students will weigh evidence, tolerate ambiguity, and act ethically in psychology within the framework of the gospel.

8. Students will use information and technology: students will demonstrate information competence and the ability to use computers and other technology for many purposes.
9. Students will demonstrate effective written and verbal communication skills.
10. Students will describe how sociocultural and international diversity relate to psychology.

The Psychology Department Target Outcomes for the BS in Industrial/Organizational Psychology:

1. Students will be prepared to find employment and to be effective employees.
2. Students will be prepared for further education and training in the areas of Industrial/Organizational Psychology, Human Resource, Organizational Behavior, Business Administration, and Public Administration.
3. Build a common intellectual experience in Industrial/Organizational Psychology by partnering with the following departments: Business, Communication, Health Sciences, Math, and Theatre.
4. Apply research methods in Industrial/Organizational Psychology: students will use applied research methods in Industrial/Organizational Psychology, including research design, data analysis, and interpretation, to benefit the Rexburg community.
5. Think critically in psychology: students will use critical thinking and the scientific approach within a gospel framework to solve organizational problems.
6. Establish values in Industrial/Organizational Psychology: students will weigh evidence, understand world views different from their own, tolerate ambiguity, and act ethically/morally in Industrial/Organizational Psychology within the framework of the gospel.
7. Use technology: students will demonstrate the ability to use technology, including Excel, SPSS, or R, for many purposes.

The Psychology Department Target Outcomes for the BS in Health Psychology:

1. Students will be prepared to find employment or further education/training (i.e., graduate school, medical school) within the fields of psychology, health science, medicine, or related fields.
2. Students will gain a knowledge base of psychology: students will be able to explain major psychological concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
3. Students will apply research methods in psychology: for example, research design, data analysis, and interpretation.
4. Students will be able to think critically and use rigorous inquiry to answer questions regarding behavior and health within a gospel framework.
5. Students will acquire evaluations skills of the benefits to and challenges of making personal health behavior changes in a variety of life circumstances.
6. Students will have established morals and values in psychology: students will weigh evidence, tolerate ambiguity, and act ethically in psychology using the framework of the gospel.

The outcomes these degrees will be assessed in our classes by examinations, quizzes, research papers and projects, and other assignments based on the Learning Model.

Our assessment plan for our programs includes, but is not limited to, the following:

- Learning outcomes matched with exam items
- Senior Capstone Project
- Major Field Test
- Exit Survey

BS in Psychology			
Emphasis in General Psychology (760-134)			
Preliminary Psychology Cluster <i>Core courses must be taken within the first 3 to 4 semesters:</i> MATH 221C 3 PSYCH 111 3 PSYCH 112 1 PSYCH 302 3 PSYCH 311 3 <hr style="width: 50px; margin-left: 0;"/> 13	Core Courses <i>Take these courses:</i> PSYCH 201 3 PSYCH 350 3 PSYCH 376 3 PSYCH 485 3 <hr style="width: 50px; margin-left: 0;"/> 12	Emphasis Courses <i>Take 24 credits:</i> PSYCH 240 3 PSYCH 310 3 PSYCH 322 3 PSYCH 341 3 PSYCH 342 3 PSYCH 355 3 PSYCH 361 3 PSYCH 365 3 PSYCH 370 3 PSYCH 378 3 PSYCH 380 3 PSYCH 384 3 PSYCH 390R 3 PSYCH 395R 1-3 PSYCH 435 3 PSYCH 498* 1-3 <hr style="width: 50px; margin-left: 0;"/> 24	Program Notes: <ul style="list-style-type: none"> •No Double Counting of Major Courses •No Grade Less Than C- in Major Courses •ETS Major Field Test: <i>Graduating Seniors are required to take the ETS Major Field Test in order to graduate. This needs to be taken their last semester at BYU-Idaho.</i> •*Students are only allowed 1 internship. •Students may take up to 6 credit hours total of PSYCH 390R, PSYCH 395R and PSYCH 498.
Credit Requirements:		Tracks Available:	
Foundations	40	Fall-Winter	Yes
Major	49	Winter-Spring	Yes
Elective	<u>31</u>	Spring-Fall	Yes
Total	120		

BS in Psychology							
Emphasis in Industrial/Organizational Psychology (760-135)							
Preliminary Psychology Cluster <i>Core courses must be taken within the first 3 to 4 semesters:</i> MATH 221C 3 PSYCH 111 3 PSYCH 112 1 PSYCH 302 3 PSYCH 311 3 <hr style="width: 50px; margin-left: 0;"/> 13	Core Courses <i>Take these courses:</i> PSYCH 201 3 PSYCH 350 3 PSYCH 376 3 PSYCH 485 3 <hr style="width: 50px; margin-left: 0;"/> 12 Emphasis Courses <i>Take these courses:</i> CIT 110 3 PSYCH 355 3 PSYCH 380 or PSYCH 365 3 PSYCH 378 3 <hr style="width: 50px; margin-left: 0;"/> 12	<p style="text-align: center;"><i>*Choose any 12 credits from the following list:</i></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> Industrial Organizational Psychology <i>(To prepare for MIO, Masters in Industrial Organizational Psychology and/or Ph.D. in Industrial Organizational Psychology)</i> MATH 325 3 MATH 326 3 and B 321 3 B 370 3 or TA 121 2 TA 322 2 TA 324 2 </td> <td style="width: 50%; vertical-align: top;"> Human Resources <i>(To prepare for MHR, Masters in Human Resources)</i> COMM 250 3 COMM 450 3 MATH 325 3 MATH 326 3 </td> </tr> <tr> <td style="vertical-align: top;"> Business <i>(To prepare for MBA, Masters in Business Administration)</i> B 321 3 B 370 3 TA 121 2 TA 322 2 TA 324 2 </td> <td style="vertical-align: top;"> Public Administration <i>(To prepare for MPA, Masters in Public Administration)</i> COMM 250 3 COMM 450 3 HS 390 3 HS 486 3 <hr style="width: 50px; margin-left: 0;"/> 12 </td> </tr> </table>	Industrial Organizational Psychology <i>(To prepare for MIO, Masters in Industrial Organizational Psychology and/or Ph.D. in Industrial Organizational Psychology)</i> MATH 325 3 MATH 326 3 and B 321 3 B 370 3 or TA 121 2 TA 322 2 TA 324 2	Human Resources <i>(To prepare for MHR, Masters in Human Resources)</i> COMM 250 3 COMM 450 3 MATH 325 3 MATH 326 3	Business <i>(To prepare for MBA, Masters in Business Administration)</i> B 321 3 B 370 3 TA 121 2 TA 322 2 TA 324 2	Public Administration <i>(To prepare for MPA, Masters in Public Administration)</i> COMM 250 3 COMM 450 3 HS 390 3 HS 486 3 <hr style="width: 50px; margin-left: 0;"/> 12	Program Notes: <ul style="list-style-type: none"> • *Although any 12 credits can be taken, these courses are grouped according to specialization to provide guidance in choosing electives. •No Double Counting of Major Courses •No Grade Less Than C- in Major Courses •ETS Major Field Test: <i>Graduating Seniors are required to take the ETS Major Field Test in order to graduate. This needs to be taken their last semester at BYU-Idaho.</i>
Industrial Organizational Psychology <i>(To prepare for MIO, Masters in Industrial Organizational Psychology and/or Ph.D. in Industrial Organizational Psychology)</i> MATH 325 3 MATH 326 3 and B 321 3 B 370 3 or TA 121 2 TA 322 2 TA 324 2	Human Resources <i>(To prepare for MHR, Masters in Human Resources)</i> COMM 250 3 COMM 450 3 MATH 325 3 MATH 326 3						
Business <i>(To prepare for MBA, Masters in Business Administration)</i> B 321 3 B 370 3 TA 121 2 TA 322 2 TA 324 2	Public Administration <i>(To prepare for MPA, Masters in Public Administration)</i> COMM 250 3 COMM 450 3 HS 390 3 HS 486 3 <hr style="width: 50px; margin-left: 0;"/> 12						
Credit Requirements:		Tracks Available:					
Foundations	40	Fall-Winter	Yes				
Major	49	Winter-Spring	Yes				
Elective	<u>31</u>	Spring-Fall	Yes				
Total	120						

BS in Psychology
Emphasis in Health Psychology (760-193)

Preliminary Psychology Cluster <i>These courses must be taken within the first 3 to 4 semesters:</i> MATH 221C 3 PSYCH 111 3 PSYCH 112 1 PSYCH 302 3 PSYCH 311 3 <hr style="width: 50px; margin-left: 0;"/> 13 Core Courses <i>Take these courses:</i> PSYCH 201 3 PSYCH 350 3 PSYCH 376 3 PSYCH 485 3 <hr style="width: 50px; margin-left: 0;"/> 12	Emphasis Courses <i>Take these courses:</i> BIO 230 4 HRHP 131 2 NUTR 150 3 PSYCH 342 3 PSYCH 435 3 <hr style="width: 50px; margin-left: 0;"/> 15	Elective Courses <i>Take 9 credits:*</i> Health Care Administration <i>(To prepare for M.P.A. or similar)</i> HS 285 3 HS 390 3 HS 391 2 MA 106 2 Experimental <i>(To prepare for Psychology graduate school)</i> HS 370 3 HS 391 2 HS 420 2 PSYCH 384 3	Public Health <i>(To prepare for M.P.H. or similar)</i> HS 320 3 HS 370 3 HS 390 3 HS 391 2 HS 401 2 HS 420 2	Program Notes: •No Double Counting of Major Courses •No Grade Less Than C- in Major Courses •* Although any 9 credits can be taken, these courses are grouped according to specialization to provide guidance in choosing electives and will not be enforced beyond the stipulation that 9 total elective credits are taken. •ETS Major Field Test: Graduating Seniors are required to take the ETS Major Field Test in order to graduate. This needs to be taken their last semester at BYU-Idaho.
Credit Requirements:		Tracks Available:		
Foundations	40	Fall-Winter	Yes	
Major	49	Winter-Spring	Yes	
Elective	31	Spring-Fall	Yes	
Total	120			

Minor in General Psychology (176)

Core Courses <i>Take these courses:</i> PSYCH 111 3 PSYCH 311 3 <hr style="width: 50px; margin-left: 0;"/> 6	Elective courses <i>Take 15 credits:</i> PSYCH 201 3 PSYCH 240 3 PSYCH 302 3 PSYCH 310 3 PSYCH 322 3 PSYCH 341 3 PSYCH 342 3 PSYCH 350 3 <i>cont. in next column</i>	<i>cont. from previous column</i> PSYCH 355 3 PSYCH 361 3 PSYCH 365 3 PSYCH 370 3 PSYCH 376 3 PSYCH 378 3 PSYCH 380 3 PSYCH 384 3 PSYCH 435 3 <hr style="width: 50px; margin-left: 0;"/> 15	Program Notes: •No Double Counting of Minor Courses •No Grade Less Than C- in Minor Courses	
Credit Requirements:		Tracks Available:		
Total	21	Fall-Winter	Yes	
		Winter-Spring	Yes	
		Spring-Fall	Yes	

Industrial Organization Psychology Minor (218)

Core Courses <i>Take these courses:</i> CIT 110 3 COMM 250 3 PSYCH 111 3 PSYCH 302 3 PSYCH 350 3 PSYCH 355 3 <hr style="width: 50px; margin-left: 0;"/> 18	Take 1 course: B 212 4 MATH 221B 3 MATH 221C 3 <hr style="width: 50px; margin-left: 0;"/> 3	Supplemental Courses <i>Take 1 course:</i> B 321 3 B 370 3 COMM 380 3 COMM 450 3 HS 390 3 HS 391 2 HS 486 3 <hr style="width: 50px; margin-left: 0;"/> 2	Program Notes: •No Double Counting of Minor Courses •No Grade Less Than C- in Minor Courses	
Credit Requirements:		Tracks Available:		
Total	23	Fall-Winter	Yes	
		Winter-Spring	Yes	
		Spring-Fall	Yes	

Psychology Concentration (D 116)

Core Courses <i>Take these courses:</i> MATH 221C 3 PSYCH 111 3 PSYCH 201 3 PSYCH 302 3 PSYCH 311 3 PSYCH 350 3 PSYCH 376 3 <hr style="width: 50%; margin-left: 0;"/> 21	Elective courses <i>Take 9 credits:</i> PSYCH 310 3 PSYCH 322 3 PSYCH 341 3 PSYCH 342 3 PSYCH 355 3 PSYCH 361 3 cont. in next column	<i>cont. from previous column</i> PSYCH 365 3 PSYCH 370 3 PSYCH 378 3 PSYCH 380 3 PSYCH 384 3 PSYCH 435 3 <hr style="width: 50%; margin-left: 0;"/> 9	Interdisciplinary Courses <i>Take these courses:</i> IDS 398R 1-3 IDS 499 2 <hr style="width: 50%; margin-left: 0;"/> 3	Program Notes: •No Double Counting of Concentration Courses •No Grade Less Than C- in Minor Courses
Credit Requirements:			Tracks Available:	
Total 33			Fall-Winter Yes Winter-Spring Yes Spring-Fall Yes	

Psychology Pre-approved Clusters

Psychology: Business	3100
<i>Take these courses:</i>	
PSYCH 111 General Psychology	3
PSYCH 355 Industrial Organizational Psychology	3
<i>Take 6 credits:</i>	
PSYCH 310 Culture and Gender	3
PSYCH 341 Personality	3
PSYCH 350 Social Psychology	3
PSYCH 365 Motivation and Emotion	3
PSYCH 376 Cognition	3
Total Credits	12
Psychology: Health Sciences	3101
<i>Take these courses:</i>	
PSYCH 111 General Psychology	3
PSYCH 435 Health Psychology	3
<i>Take 6 credits:</i>	
PSYCH 201 Development Psychology Lifespan	3
PSYCH 322 Adult Development	3
PSYCH 342 Abnormal Psychology	3
PSYCH 365 Motivation and Emotion	3
PSYCH 384 Behavioral Neurobiology	3
Total Credits	12
Psychology: Parenting	3102
<i>Take these courses:</i>	
PSYCH 111 General Psychology	3
PSYCH 201 Developmental Psychology Lifespan	3
<i>Take 6 credits:</i>	
CHILD 210 Child Development	3
CHILD 320 Adolescent Development	3
PSYCH 240 Psychology of Effective Living	3
PSYCH 310 Culture and Gender	3
PSYCH 350 Social Psychology	3
PSYCH 361 Principles of Behavioral Learning	3
PSYCH 365 Motivation and Emotion	3
Total Credits	12
Psychology: Pre-Health Professions	3103
<i>Take this course:</i>	
PSYCH 111 General Psychology	3
<i>Take 1 course:</i>	
PSYCH 201 Development Psychology Lifespan	3
PSYCH 435 Health Psychology	3
<i>Take 6 credits:</i>	
BIO 240 Neurobiology	4
PSYCH 201 Development Psychology Lifespan	3
PSYCH 342 Abnormal Psychology	3
PSYCH 365 Motivation and Emotion	3
PSYCH 370 Sensation and Perception	3
PSYCH 384 Behavioral Neurobiology	3
Total Credits	12
Psychology: Recreation Management	3104
<i>Take these courses:</i>	
PSYCH 111 General Psychology	3
PSYCH 201 Development Psychology Lifespan	3
PSYCH 435 Health Psychology	3
<i>Take 3 credits:</i>	
PSYCH 240 Psychology of Effective Living	3
PSYCH 310 Culture and Gender	3
PSYCH 341 Personality	3
PSYCH 342 Abnormal Psychology	3
PSYCH 350 Social Psychology	3
PSYCH 365 Psychology of Emotion/Motivation	3
Total Credits	12

Psychology: Sociology	3105
<i>Take these courses:</i>	
PSYCH 111 General Psychology	3
PSYCH 350 Social Psychology	3
<i>Take 6 credits:</i>	
PSYCH 201 Developmental Psychology Lifespan	3
PSYCH 310 Culture and Gender	3
PSYCH 322 Adult Development	3
PSYCH 341 Personality	3
PSYCH 342 Abnormal Psychology	3
PSYCH 365 Motivation and Emotion	3
PSYCH 376 Cognition	3
Total Credits	12
Psychology: Research Methods	3106
<i>Take these courses:</i>	
CS 124 Introduction to Software Development	3
MATH 221C Social Science Statistics	3
PSYCH 302 Research Methods	3
SOC 340 Research Methods	3
Total Credits	12
Introduction to Psychology	3107
<i>Take these courses:</i>	
MATH 221C Social Science Statistics	3
PSYCH 111 General Psychology	3
PSYCH 112 Career Development in Psychology	1
PSYCH 302 Research Methods	3
PSYCH 311 History and Systems of Psychology	3
Total Credits	13
Industrial Organizational Psychology	3108
<i>Take these courses:</i>	
PSYCH 111 Introduction to Psychology	3
PSYCH 302 Research Methods	3
PSYCH 355 Industrial Organization Behavior	3
<i>Take 1 course:</i>	
B 212 Business Stats and Spreadsheet Analysis	4
MATH 221B Biostatistics	3
MATH 221C Social Science Statistics	3
<i>Take 1 course:</i>	
B 370 Human Resource Management	3
COMM 250 Organizational Principles	3
COMM 380 Media Research Methods	3
COMM 450 Conflict Management	3
HS 390 Program Planning and Implementation	3
HS 486 Occupational Safety and Risk Management	3
PSYCH 350 Social Psychology	3
Total Credits	15

Note: It is the students responsibility to take the proper prerequisite courses.

No Double Counting of Cluster Courses.

No Grade Less than C- in Cluster Courses.

Course Descriptions

Credits*

- PSYCH 111 General Psychology (3:3:0:0)**
 This is an introductory course in Psychology which surveys the various fields of psychology and application of selected psychological principles to life situations.
 (Fall, Winter, Spring)
- PSYCH 112 Career Development in Psychology (1:1:0:0)**
 This course is designed to provide a broad overview of the career opportunities in psychology. Students will explore the different opportunities available in each level of training, i.e. baccalaureate, masters, and doctorate and focus on how to maximize the chances of being accepted into a competitive graduate program. Students will also explore various professional issues including APA accreditation, licensure and certification, ethics, and future trends. Students will be required to participate in career development testing in the career center, begin developing their own application materials (vita/resume, cover letter, biographical sketch, statements of purpose, strength/weakness, etc.), participate in videotaped mock interviews, and set out a three to four year career plan. This course is intended for those students who have already decided to major in psychology, rather than those who are simply curious about the field.
 (Fall, Winter, Spring)
- PSYCH 201 Developmental Psychology Lifespan (3:3:0:0)**
 This course consists of the study of biological, affective, social and cognitive aspects of development through the life span.
 (Fall, Winter, Spring)
- PSYCH 240 Psychology of Effective Living (3:3:0:0)**
 This course explores psychological principles which facilitate a productive and satisfying life.
 (Fall, Winter, Spring)
- PSYCH 302 Research Methods (3:3:0:0)**
 Prerequisites: PSYCH 111 and MATH 221C
 This course explores the basic principles of conducting research in psychology. Some of the topics include, but are not limited to: research design, data collection, analysis, reporting results, and ethics of doing research. This course should be completed by the beginning of junior year.
 (Fall, Winter, Spring)
- PSYCH 310 Culture and Gender (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course examines the influences of culture and gender on psychology. Specific topics in the course include gender roles, social construction of time, cultural understandings of mental illness, and the social and cultural origins of human cognition.
 (Fall, Winter)
- PSYCH 311 History and Systems of Psychology (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course studies the historical movements and intellectual commitments of the past, early pioneers in the field of psychology, contemporary issues and assumptions that form the discipline of psychology. This class should be completed by the beginning of junior year.
 (Fall, Winter, Spring)
- PSYCH 322 Adult Development (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course studies cognitive, social, physical, and personality development during adulthood.
 (Fall, Winter, Spring)
- PSYCH 341 Personality (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course introduces personality theories from prominent theorists such as Freud, Jung, Adler, Kelly, May, Skinner, Frankl, and more. The course also focuses on the philosophical and theoretical underpinnings of how we conceive of human personality and addresses questions such as: What does it mean to be a "healthy" human being? How do we help or counsel those who are "unhealthy?"
 (Fall, Winter)

- PSYCH 342 Abnormal Psychology (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course is designed to give students a basic understanding of the history, research methods, classification, assessment, diagnosis, causes (etiology), course, prognosis, and treatment of the mental disorders. Given that there is sufficient literature to warrant a separate course on each disorder, the focus will be limited to gaining a general understanding of the current issues being faced by mental health professionals with respect to the aforementioned overview.
 (Fall, Winter, Spring)
- PSYCH 350 Social Psychology (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course is the scientific study of how people influence each other. Specifically, social psychology, as a discipline of the social and behavioral sciences, seeks to understand how people's thoughts, feelings, and behaviors are influenced by other people. Hence, social psychology seeks to explain how people influence each other (descriptive) and why people influence each other (explanatory).
 (Fall, Winter, Spring)
- PSYCH 355 Industrial Organizational Psych (3:3:0:0)**
 Prerequisites: PSYCH 111 and MATH 221C and PSYCH 302
 This course will help students learn how to apply psychological principles to improve people's work performance in organizations. Students will learn about the quality of life of workers, the measurement of work performance, the training of the workforce, the development of new organizational structures, the improvement of work designs and employee selection models, the management of change, the improvement of leadership, etc.
 (Fall, Winter, Spring)
- PSYCH 361 Principle of Behavioral Learning (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course examines the means by which behavior is acquired and extinguished. Forty hours of outside-of-class lab time is expected for this course. Students will work with live chickens and rats.
 (Fall, Winter, Spring)
- PSYCH 365 Psychology of Emotion and Motivation (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course examines how people use emotions and what motivates people in daily living. Specifically, this course examines how a person's thoughts, personality, emotions, and motives influence human behavior.
 (Fall, Winter, Spring)
- PSYCH 370 Sensation and Perception (3:3:0:0)**
 Prerequisite: PSYCH 111
 The purpose of this course is to learn how the sensory systems collect and process environmental stimuli (including the internal environment). The history of the study of sensation and perception, vision, audition, tactile senses, chemical senses, and proprioception will be explored. Basic neuroanatomy will be taught to provide a basis for understanding the sensory systems.
 (Fall, Winter, Spring)
- PSYCH 376 Cognition (3:3:0:0)**
 Prerequisite: PSYCH 111
 This course is an introduction to theories and research in cognitive psychology.
 (Fall, Winter, Spring)
- PSYCH 378 Psychological Assessment (3:3:0:0)**
 Prerequisites: PSYCH 111 and MATH 221C
 This is a survey course designed to introduce the students to assessment in psychology. Students will be taught: (a) To critically evaluate the qualities of psychological tests, (b) The ethical issues surrounding psychological assessment, (c) How psychological tests are used to assess intelligence, personality, interests, performance, and other psychological constructs, and (d) How psychological tests are used in a variety of areas such as psychological research, clinical/counseling settings, education, industry, business, and law.
 (Fall, Winter, Spring)
- PSYCH 380 Psych of Performance and Expertise (3:3:0:0)**
 This course is an introduction to learning, performance, and expertise. Students will learn how to analyze performance problems, perform goal analysis, and develop attitudes toward improving performance.
 (Not currently taught)

PSYCH 384 Behavioral Neurobiology (3:3:0:0)

Prerequisite: PSYCH 111

The purpose of this course is to learn the key relationships between brain, body, and behavior. This will be accomplished by learning neuroanatomy and neurophysiology as the basis for understanding the other content areas of the course. Brain development, brain damage, plasticity, sensory systems, motor systems, states of consciousness, internal regulation, reproductive behaviors, emotional behaviors, learning, memory, cognitive functions, and psychological disorders will be explored from a psychobiological viewpoint.
(Fall, Winter, Spring)

PSYCH 390R Special Topics in Psychology (3:3:0:0)

Repeatable Course: May earn maximum of 6 credits

Prerequisite: PSYCH 111

This course includes an in depth study of a specific topic in the field of psychology.
(Fall, Winter, Spring)

PSYCH 395R Directed Study (1-3:0:0:0)

Repeatable Course: May earn maximum of 3 credits

Prerequisite: PSYCH 111

Course Requirement: Instructor Approval Required

In this course faculty student consultation will determine a special area of study and/or research problems that will give students greater preparation for advanced work in psychology and related fields. Term of enrollment, credit, and other details will be arranged with instructor.
(Fall, Winter, Spring)

PSYCH 435 Health Psychology (3:3:0:0)

Prerequisite: PSYCH 111

Using the biopsychosocial and cultural perspectives, this course is designed to facilitate the understanding of health psychology. Students will learn (a) about scientific research in health psychology, (b) how culture is related to health and stress, (c) how the various systems in the body are affected by stress, (d) the importance of developing and sustaining healthy behaviors and attitudes throughout the lifespan, and (e) to use stress management techniques to more effectively deal with life's daily hassles and challenges. Junior status recommended.
(Fall, Winter, Spring)

PSYCH 485 Experiencing Research (3:3:0:0)

Prerequisites: PSYCH 111 and PSYCH 302 and MATH 221C

This course is an opportunity to apply information learned in PSYCH 302 (Research Methods). All students will be required to conduct a study of their own design or carry out a meta-analysis of existing literature. This means that each student will propose a study or review, collect data or review articles, analyze that data or draw conclusions from articles written, and then write up a report and/or prepare a poster. Students will also have an opportunity to critique one another's work as well as have their own work critiqued by their peers and the instructor. All this will be done in a friendly and supportive atmosphere. In addition, students will be discussing current topics and issues in psychological research and will become better consumers of such research. Finally, students will have an opportunity to hone research skills through instruction on writing and experience with statistical software.
(Fall, Winter, Spring)

PSYCH 498 Internship (1-3:0:0:0)

Internship Fees: \$78 (LDS) \$156 (non-LDS) per credit

Exempt from tuition, but charged this independent course fee

Course Requirement: Psychology Majors/Minors only

This course consists of supervised field experience in an approved setting.
(Fall, Winter, Spring)