

BS in Exercise Physiology, Emphasis in Fitness and Exercise (481-105)

Catalog Year
2009 - 2010

General Information:

Academic Advising has provided a **recommended graduation plan** for every major we offer.

- This plan is built to meet the University’s minimum credit requirement (120 credits for a bachelor’s degree and 60 for an associate) in 8 semesters or less. Each plan includes all required courses, including Foundations and major as well as emphasis, minor or clusters (if applicable). The plan may also include elective courses to meet the credit requirement.
- Please note the following terms: Groups = A term used on the Degree Audit to reference a required group of classes that may be pre-selected or from which you can choose; General Elective = any course offering at BYU-Idaho which you are eligible to take; Major Elective = a required course from a list of multiple course options within your major. (A certain number of “major electives” may be required for your major, but you can select which course to choose from the given list.)

Semester 1	Credits	Semester 2	Credits	Semester 3	Credits	Semester 4	Credits
FDREL 121	2	FDREL 122	2	FDREL 200	2	FDREL Scripture (3x)	3
FDSCI 101	2	*FDMAT 108	3	FDSCI Issues	2	FDAMF 101	3
FDENG 101	3	BIO 264	4	ESS 320	2	HS 365	3
HFED 100	3	Take One Course:	4	ESS 204	2	FDMATH 222	3
ESS 177	2	*CHEM 106		BIO 265	4	HS 305	3
Take One Course:	4	*CHEM 150		Minor / Cluster	3		
CHEM 101		Minor / Cluster	3				
CHEM 105							
Total Credits	16	Total Credits	16	Total Credits	15	Total Credits	15
Semester 5	Credits	Semester 6	Credits	Off-Track	Credits	Semester 7	Credits
FDREL Scripture (3x)	3	FDHUM or FDWLD	2-3	ESS 498	1	**FDINT or FDWLD	2-3
FDENG 201	3	FDSCI Issues	3			ESS 375	3
HFED 350	3	FDREL Elective	2			ESS 375 L	1
Group 1 Electives	3	ESS 335	3			ESS 381	4
Group 1 Electives	1-3	ESS 347	2			Minor / Cluster	3
Minor / Cluster	3	Minor / Cluster	3			Minor / Cluster	3
Total Credits	16-18	Total Credits	15-16	Total Credits	1	Total Credits	16-17
Semester 8	Credits	Special Instructions					
FDCNC 250	2	*Either FDMAT 108 can be taken or you may complete test out modules with higher math course. See math departmental website.					
ESS 483	3	**Complete FDINT 201-203 if an FDHUM course was previously taken; complete FDWLD 201 if FDWLD 101 was taken.					
Minor / Cluster	3	Group 1 Electives: Take ESS 365 and HFED 200 or HS 349 and 349L					
Minor / Cluster	3						
Total Credit	11						

Instructions:

Now that you have seen the sample schedule for your major, please chart your own personalized plan taking into account the following: track, course availability, completed coursework, and planned graduation. Use this sample schedule, along with your degree audit, to create your plan. You can access your degree audit from your my.byui.edu portal under the Student tab, Degree Information. Once you have completed your planning, please bring this form to the Satellite Advising Center over your major so that an advisor can approve your plan and help you with any fine-tuning.

Semester 1	Credits	Semester 2	Credits	Semester 3	Credits	Semester 4	Credits
Total Credits		Total Credits		Total Credits		Total Credits	
Semester 5	Credits	Semester 6	Credits	Semester 7	Credits	Semester 8	Credits
Total Credits		Total Credits		Total Credits		Total Credits	

Student Name: _____ I number: _____

Advisor Name: _____ Date: _____