

BRIGHAM YOUNG UNIVERSITY—IDAHO
BIENNIAL REPORT OF
INSTITUTIONAL COMPLIANCE WITH THE
DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS
Period of Review: January 2005-December 2006

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GENERAL STATEMENT

Brigham Young University—Idaho is affiliated with The Church of Jesus Christ of Latter-day Saints and is deeply committed to high standards of moral conduct and personal living as reflected by its Mission Statement. This personal commitment is rooted in Board of Trustees policy which requires that every student, faculty, staff, and administrator sign a commitment to the Honor Code prior to admission or employment and to update the commitment on an annual basis in order to maintain their eligibility to continue at the institution in their employment or student status. Each member of the campus community is expected to abide by their commitment at all times and in all places and to work together in an effort to lift one another and encourage obedience and compliance with the provisions of their commitment.

BYU-IDAHO DRUG POLICY

The campus community embraces the scriptural injunction that “the worth of souls is great in the sight of God.”¹ The Honor Code commitment specifies that every employee or student will “abstain from [the use of] alcoholic beverages, coffee, tea, tobacco, and substance abuse.”² This principle has root in the Word of Wisdom³ which is God’s law of health provided to man in the latter days to promote a healthy life style by shunning those things which are addictive, habit forming, mind altering or harmful to the body. Each year a few members of the university community are suspended from continued enrollment as a

¹ Doctrine & Covenants section 18 verse 10.

² Student Handbook 2006-2007.

³ Doctrine & Covenants section 89.

student because of inappropriate use of alcohol or other substance abuse. There has not been any termination of employees for inappropriate involvement with drugs. The suspension of a student or the termination of employees from their job are unfortunate for both the individual involved, their family, and the campus community as a whole as this signifies a failure in the teaching or obedience processes to the underlying principles which the institution espouses as being highly significant. Because of the serious nature and consequence of inappropriate substance involvement, it is important that all members of the university community understand the drug and alcohol policy.

At the request of BYU–Idaho to the Board of Trustees in September of 2001, the Board created a committee to review the Board Drug Policy and to make a recommendation to the Board of a proposed updated policy. The proposed policy is still pending approval by the Board of Trustees. Recently, in January, 2007, an updated draft was completed and submitted to the Board of Trustees.

BYU—Idaho Drug-Free School Policy

It is the policy⁴ of the Board of Trustees of BYU–Idaho that as a condition of employment or enrollment all employees and students, regardless of the length of a student's program of study, completely abstain, whether on or off campus, from the possession, use, or distribution of any illegal drug, or alcohol and to also abstain from the use of any controlled legal substance, without specific medical authorization, that may be harmful to or have adverse effects on the body.

The university interprets the Board of Trustees' directive as including (1) the use of illegal substances such as marijuana, cocaine, etc., (2) the intentional misuse of prescription medications, (3) the possession of illegal drugs or drug paraphernalia for use or distribution, and (4) the involvement or association with other persons in substance or alcohol use without taking deterrent action.

The university's Board of Trustees has also directed that involvement with illicit drugs will result in immediate termination of employment or suspension from the university on the first offense, except in those circumstances where the only contact with the drug was limited or brief and casual and where the employee or student has repented before disciplinary action has begun. When it is determined that an individual's contact with the abuse of a substance was brief or casual and where the exposure to the behavior has been decisively abandoned prior to disciplinary action being instituted, then the individual may be allowed to remain employed or enrolled at the institution on a strict disciplinary sanction. The repentance provision of board policy is interpreted as requiring confession to an appropriate ecclesiastical authority and/or requesting assistance from the BYU–Idaho Counseling Center prior to public discovery, knowledge, arrest, or initial action being taken by the university.

The administration recognizes there are differences between the intentional misuse of illicit and prescription drugs and the unintentional misuse of prescription drugs prescribed for medical reasons. Those individuals involved in the unintentional misuse of prescription drugs will not normally be subject to disciplinary sanctions, but rather are encouraged to seek assistance from the Counseling Center, private counseling, therapy or rehabilitation through a licensed approved program.

There are substantial legal sanctions⁵ pursuant to local, state or federal law which may be levied against an individual for the unlawful use, possession, distribution or manufacturing of an illicit drug or controlled substance. Likewise criminal law prescribes penalties for a minor who possesses or uses alcohol⁶ and further defines substantial penalties for adults who dispose or provide alcohol for use by minors. The law often treats drug offenses as a criminal matter punishable by substantial fines,

⁴ Campus Security Report and Drug Policy Brigham Young University–Idaho, 2003, pages 31-32.

⁵ Ibid, pages 35-37.

⁶ Ibid, pages 37-38.

imprisonment or other severe sanctions. The Honor Code Office may make their own investigation of any student who is reported or found to be in violation of this policy and take appropriate disciplinary action, including separation from the university, regardless of any criminal court action. The Personnel Office acting with or for the employing department may make their own investigation of any employee who is reported or found to be in violation of this policy and take appropriate disciplinary action, including termination from employment, regardless of any criminal court action. A student or employee may make contact with the Counseling Center and request assistance with their alcohol or substance problem. This contact would allow them to receive help under the auspices of that office. A description of the applicable legal penalties under local, state or federal law for the unlawful possession or distribution of illegal drugs and alcohol is provided at the beginning of each semester in writing to each student and employee and through distribution via the campus e-mail system (see attachment for a sample copy of the e-mail) directing them to the appropriate web site where the report may be found. In addition, paper copies are available for and individual desiring or requesting a copy of the information.

The health risks⁷ associated with the inappropriate use of drugs include, but are not limited to, physical and psychological addiction, physical, psychological and spiritual deterioration, disease and death. A description of the applicable health risks associated with the use of illicit drugs and the abuse of alcohol is provided annually to each student and employee in the same manner as described above.

The university supports participation in programs for the prevention of the inappropriate use of illicit drugs, controlled substances and tobacco or alcohol abuse. The BYU–Idaho Counseling Center can provide confidential assistance with drug and alcohol abuse problems. Assistance is available in the form of educational training programs, health information and preliminary evaluation and counseling for possible referral for outside medical assistance. Individuals may get more information about, or enter the university program through the Counseling Center located in the Student Health and Counseling Center or by calling 496-1100.

By providing this explanation of board policy, the university hopes to encourage elimination of all forms of substance abuse, to help those who currently may be involved to stop such use and get appropriate help, and to assist in stopping the spread of this behavior at our institution and in society.

EVALUATION OF CURRENT PROGRAMS

General

All university employees and specifically student personnel professionals provide input in campus programs directed at alcohol and other substance abuse. A wide range of expertise can be found on the campus in health care professionals, health care educators, licensed counselors, police personnel, students, student life professional personnel, and ecclesiastical leaders. The university has chosen to make use of many of these professionals and volunteers in planning, implementing, evaluating, and revising its Drug-Free School Policy. Student input is sought and through the principle of shadow leadership students plan and implement programs directed at encouraging the campus community as a

⁷ Ibid pages.

whole in abstinence from the use of alcohol or drugs and advocating commitment and adherence to a higher standard of personal conduct through a strong personal commitment to and compliance with the Board of Trustees Drug Policy.

Church Affiliation

The unique affiliation of BYU-Idaho with The Church of Jesus Christ of Latter-day Saints provides each student with an ecclesiastical leader who oversees approximately 170-200 students within a ward (church unit) established for students, either single or married dependent on their marital status. These 83 bishoprics (three men) are members of the local communities and donate their time when they are called and assigned to assist and work with these students. These ecclesiastical leaders are very well grounded in Church protocol, gospel principles and Church and university policy. They work directly in a one to one setting with students and are very helpful in referring students who need assistance in resolving alcohol or other drug related problems to appropriate helping sources within the university. These leaders may also make use of community resources which may be available. It is not incumbent on ecclesiastical leaders to report to university officials disclosures made to them by students of substance or alcohol use/abuse because of the priest/parishioner confidential relationship between the bishop and the student. Each ecclesiastical unit (Stake) is assigned an advisor from the Counseling Center to assist in providing consultation and direction for ecclesiastical leaders whose members may suffer from alcohol or drug related issues.

University Programs

The following provides information about university departments directly involved in working with students and the programs and measures implemented throughout the university to prevent the use of alcohol or illicit substance use/misuse. The data and charts included show a summary of drug and alcohol contacts reported to or by university administrators in each areas specified during the review period. Where possible, comparative figures are provided in the Comparative Assessment section in an effort to assist student personnel administrators in evaluating successes or weaknesses in programs. After consultation with the university general counsel, it was determined to change the period of the Biennial Report of Institutional Compliance from October of even number years to the end of the calendar year of even numbered years. This coincides with accepted statistical reporting periods for law enforcement agencies and institutional units working with students. This report would cover a two year period from January through December. This report is for the calendar years January 2005 through December 2006.

Athletics/Activities

On June 21, 2000 the Chairman of the Board of Trustees of Ricks College, Gordon B. Hinckley, announced that Ricks College would become a four year institution and that the name would be changed to BYU-Idaho. At the same time, President Hinckley announced that all athletic programs would be phased out and that Intercollegiate Athletics would be eliminated on the completion of all current conference contracts. By the start of the Fall semester 2002 all intercollegiate athletic competition had ended.

Since the elimination of intercollegiate competition at BYU-Idaho the activities program has been enhanced with increased emphasis on personal fitness and increased numbers of students involved in the competitive sports programs offered. Increased opportunities abound for students to participate in these sports and fitness programs and avail themselves of the many opportunities that come through this program. Program advisors and leaders will continue to emphasize the stance of the University in regards to substance use and abuse whether they substance is legal or illegal. Efforts should be made to teach the students involved in those programs of the dangers of substance abuse particularly as related to competitive sports.

University Police

The University Division of the Rexburg City Police Department are paid university employees who are sworn City Police officers and report to the Rexburg City Chief of Police. As sworn city police officers,

they are responsible to enforce city, county, and state laws on the campus. While functionally responsible to the Rexburg City Chief of Police, the Captain of the University Division reports to the Dean of Students and is also a member of the Student Services and Activities Council and the Well-being Council. Their police authority permits them to work within the City of Rexburg and allows for coordination of police efforts for the benefit of both the city and the university division.

During the course of a year, arrests for alcohol and/or other substance use or possession violations may be made by officers of the university division of individuals who are not affiliated or associated with the university or who are not participating in any university function. These persons generally are pedestrians passing directly through the campus or drivers driving on the periphery of campus and found to be in violation of an alcohol or other substance use/possession law. For comparative purposes the statistics shown reflect all arrests made on the campus for drug or alcohol use or misuse. Individuals arrested on campus who are not affiliated with the campus are included in the statistics and are included, as are all campus arrests, in the total arrests made within the city. Liquor law violations include offenses such as minor consuming, disposal to a minor, open container and similar offenses.

Type Incident	2005	2006	Totals
Drugs	3	0	3
Driving Under the Influence	0	0	0
Public Drunkenness	0	0	0
Liquor Law Violations	1	0	1

Counseling Center

One of the goals of the BYU-Idaho Counseling Center is to help students maintain balance in their lives by identifying and resolving emotional problems which interfere with effective spiritual, intellectual, social, or physical well-being. The majority of students who request substance abuse counseling are not currently using but may have used alcohol or other drugs in the past and are seeking support in their choice to refrain from substance use.

The Counseling Center is well staffed and professionally qualified in dealing with the treatment of alcohol and other drug problems or addictions. Students generally seek counseling on their own, but in some instances are referred to the Counseling center by a member of the university community or a peer or they may seek assistance for a roommate or friend. Student service professionals such as housing administrators, members of the Honor Code Office staff, health care professionals, health care educators and other university staff, faculty, and administrative employees refer students to the counseling center for assistance with these types of problems.

DRUG AND ALCOHOL CASES	2005	2006	TOTALS
Referrals or request for counseling for alcohol use	5	3	8
Referrals or request for counseling for drug use	3	2	5
Referred to outside treatment programs	0	0	0
TOTALS	8	5	13

Honor Code Office

Students at BYU-Idaho commit to live by the principles of the gospel of Jesus Christ and to adhere to the high standards of the Honor Code as a condition of enrollment. Each student is interviewed and endorsed by his/her ecclesiastical leader and signs a personal commitment to abstain from alcohol or other illicit substance use during the period of his/her enrollment.

The Honor Code office is responsible for the disciplinary action of student who violate their commitment to the Honor Code. The Honor Code office investigates all reports of alcohol and substance use or abuse. After an appropriate investigation and review of each report, action is taken appropriate to the violations and the facts surrounding the incident.

During the 2005-2006 reporting period, the Honor Code office worked with a number of students who were reported to be in violation of the university's alcohol and substance abuse policy. The following table shows the number of students reported or investigated for alcohol or substance use during the reporting period.

	ALCOHOL		OTHER SUBSTANCES		
ACTION TAKEN	2005	2006	2005	2006	TOTAL
Cleared or no action	0	0	0	0	0
Counsel & education	1	0	0	0	1
Disciplinary sanction	6	8	1	1	16
Suspended	24	13	8	18	63
TOTALS	31	21	9	19	80

Financial Aid

In general, a student who has been convicted of any offense under any federal or state law involving the possession or sale of a controlled substance **will not** be eligible to receive any grant, loan, or work assistance under this applicable federal law during the period beginning on the date of such conviction and ending after the interval specified in the following table:

Student Ineligibility for Grants, Loans, or Work Assistance			
For possession of a controlled substance, ineligibility period is		For sale of a controlled substance, ineligibility period is	
First conviction	2 years	First conviction	1 year
Second conviction	Indefinite	Second conviction	2 years
		Third conviction	Indefinite

Health Center

The BYU-Idaho Health Center provides full services designed to assist students with day-to-day health care needs. The Health Center is staffed by three full-time physicians, two nurse practitioners, registered nurses, registered lab and X-ray technicians, and a full-time registered pharmacist. These

health care professionals are cognizant of the potential for substance abuse among the student population. The Health Center staff monitors very closely those with whom they work and the prescriptions they are issued. In addition, care is taken to ensure that prescription pads are kept on the doctor's person to prevent them from being stolen and forged. The pharmacy is secured in an enclosed area with an alarm system and walls and the ceiling are designed and reinforced to prevent intrusion. All three physicians work in other health care facilities in the community and in Idaho Falls and are in a position to observe any students who may be seen at these facilities who may be abusing drugs and in need of assistance.

Housing Office

The Housing Office acts as a resource to provide listings of housing options for BYU–Idaho students, mediation services to assist in student/landlord conflict resolution, and training to owners, managers, and resident assistants in matters of discipline and other aspects of residential living. BYU–Idaho single students are required to live in an “approved” housing complex. This means that specific guidelines must be met by the housing unit in the interest of safety and comfort for the student in order to be approved BYU–Idaho housing. On-site management is also required at each housing complex to assist students as the need arises with additional student resident assistants based on the number of tenants living in the complex.

Students commit to adhere to the Honor Code while living in approved student housing complexes. An environment which strengthens students spiritual, physical, social, and intellectual development is encouraged and enhanced by close manager-student relationships and roommates working together to make their apartments a home-away-from-home. Managers and roommates are encouraged to assist all students to live by the Honor Code and in instances where students do not respond to that encouragement, a referral to the Honor Code Office is made.

Training seminars for on- and off-campus owners, managers, and resident assistants are conducted each semester by the housing office. A resident assistant Leadership class (GS 290C) is available to managers and resident assistants in which weekly training is provided in all aspects of residential living with an emphasis on developing strong leaders who can teach residents and thereby, strengthen individual development. The “drug and alcohol” sessions of the class are taught by trained police officers and are open to all owners, managers, and resident assistants. Drug basics are taught as well as information is given to those in attendance about university programs which are available as resources of help for students in need.

Housing personnel in individual units often refer students directly to the Honor Code Office for violations involving drugs or alcohol. University policy provides that when it is suspected that drugs are being used in a housing unit that the matter should be referred to the appropriate police agency having jurisdiction over that particular housing unit. Incidents involving alcohol use should be referred to the police if any participants are under age. All other cases are referred directly to the Honor Code Office.

Off-Campus Housing

The Off Campus Householders Association, now called Student Housing Alliance of Rexburg (OCSHARE), and the BYU-Idaho Housing Administration encourages the owners and managers of housing units to be aware of any potential problems or signs of drug abuse. Although most owners or managers have not had a problem in their units they do feel that it is important to learn about the signs of alcohol or substance abuse and be aware of the programs available to help them deal with these problems should they arise.

Each academic year OCSHARE has a general meeting with all off-campus owners and managers and invite a Rexburg City Police Officer to teach about signs of alcohol and illicit substance use or misuse, what to look for and what actions to take. The owners are also encouraged to implement a training program for their managers and resident assistants. They are to know and help the students uphold the BYU-I Honor Code which includes alcohol/substance-free commitment.

It has been suggested that a drug and alcohol forum or seminar held each academic year might

be helpful.

There are great resources provided by the university to the owners, managers, resident assistants and students in dealing with these issues. The BYU-Idaho Housing administration has a training meeting each semester which includes the Housing Office administration, Honor Code Office staff and other administrators that provide information and the resources that are available. Leadership classes at the university are also available for resident assistants and managers. The university provides assistance with discipline and other help needed to promote a safe and healthy environment.

Human Resource Office

The Human Resource Office serves as a resource to campus employees in helping employees to maintain their commitment to the Honor Code. The Board of Trustees has established an ecclesiastical endorsement program requiring that each employee be endorsed annually by his ecclesiastical leader to ensure that employee conduct is in accordance with the values and standards espoused by The Church of Jesus Christ of Latter-day Saints. This endorsement includes a personal commitment to refrain from alcohol or other drug use at all times.

BYU-Idaho implemented a Commercial Vehicle Drivers Drug and Alcohol Testing program in November 1997 in compliance with the regulations implementing the Omnibus Transportation Employee Testing Act of 1991. BYU-Idaho has a contract with Minert & Associates Inc. from Meridian, Idaho, an independent company who coordinates the alcohol and drug testing according to the federal regulations. As of this report, all tests have come back negative.

The Human Resource Office provides Internet access to the "BYU-Idaho Campus Security Report and Drug Policy" through its web site for employees to access at any time. A statement on how to access this information is printed on employment applications for perspective employees. All newly hired employees receive orientation materials which refer to this policy and tell them how to access the information. Annually, in conjunction with the Honor Code Office the Human Resource Office provides to each employee, both full and part time, either by e-mail or regular mail, or campus mail the university annual report entitled "***BYU-Idaho Campus Security Report, Drug Policy, and Graduation Rate.***" The pamphlet reiterates the Church, Board of Trustees, and university policy regarding alcohol and other drug use and the resources available for help.

During the reporting period, the personnel office **was not aware of and did not receive** any reports of alcohol or drug problems among full- or part-time employees.

COMPARATIVE ASSESSMENT

BYU-Idaho has accumulated ten years of data dealing with reported alcohol or substance use by students and employees. This information provides an opportunity for the administration to look at the long term reported violations of the institution's drug policy and ascertain what changes, if any, should be made in the institutional approach to this problem. A direct comparison of statistics gathered since 1992 is provided to gain an overall comparison of the effectiveness of programs adopted by BYU-Idaho in an effort to prevent or assist members of the campus community who may have difficulty in keeping their personal commitment relative to the Board of Trustees' policy regarding abstinence from alcohol and other drug use. Where applicable, comments are made by way of possible explanation in an effort to gain understanding in differences.

University Police

At BYU-Idaho, students arrested for driving under the influence of alcohol are generally underage individuals. Students arrested for minor in possession or minor consuming alcohol and those arrested for DUI are often found to be first-time or occasional users of alcohol. Those arrested or reported by the police are subject to disciplinary sanction by the university and, as a result, either quit drinking and renew their personal commitment to the Honor Code or are extremely careful in their use of alcohol so as to not

get caught. Many times these individuals will drink in areas removed from the campus where it is less likely that they will be caught or reported. However, some students are arrested in neighboring states and communities and the information filters back to the campus through a variety of means. If the university becomes aware of this the Honor Code office will investigate the report and take appropriate action. No statistics are available in this regard even though some students may end up being arrested or cited for alcohol violations as they are included in statistics kept by the Dean of Students but not categorized by location of behavior.

Other drug use arrests are usually the result of reports to the police of “someone smoking marijuana” in one of the on-campus dormitories or other students reporting use of drugs by roommates or peers. An immediate follow-up investigation usually results in the arrest of the offender(s), criminal charges are filed, and disciplinary sanctions are imposed by the Honor Code Office. Criminal charges are not necessary in order for disciplinary action to be pursued through the Honor Code Office. A cooperative effort between the police, prosecutor, and the Honor Code Office results in a higher degree of student accountability for their behavior.

OFFENSE TYPE	95-96	97-98	99-00	01-02	03-04	05-06
Alcohol	4	6	5	1	1	1
Other Drugs	3	3	0	3	1	3
TOTALS	7	9	5	4	2	4

Counseling Center

Referrals to the Counseling Center for alcohol or substance abuse usually are initiated by an ecclesiastical leader, the student seeking help, a roommate or friend, or a parent seeking help for their son or daughter who is considering enrollment or is currently enrolled. Some students choose to attend AA meetings in one of the local chapters (seeking help away from the university), not wishing to divulge to the institution their problem. Some of the students involved in these programs come to BYU–Idaho having worked with similar programs at home prior to enrollment at BYU–Idaho. Some have been ordered by a criminal court to obtain counseling or rehabilitative help in lieu of further criminal penalties.

The members of the Counseling Center staff are keenly aware of resources available in the local communities in alcohol and substance abuse treatment but prefer to work with the students in the campus environment rather than place the student in jeopardy by associating with others who may have a more serious problem. The BYU–Idaho community is a very supportive environment with very caring peers, roommates, faculty, staff, administrators, and ecclesiastical leaders. This allows a student to maintain regular close contact with individuals who are deeply committed to abstinence from alcohol or substance abuse, continue with their educational pursuits and receive professional help in solving their problem.

The number of students seeking help for alcohol or illegal substance use problems through the Counseling Center is relatively low and may be attributed to (1) the low number of students “believing” they have a problem, and (2) the large number of ecclesiastical leaders who are available to provide help to students and (3) a fear that if they discuss their problem with any representative of the institution it will be disclosed and they will be asked to leave. This may result in lower use of the counseling center as a resource when the strength of the help the student really needs can be found in the multiplicity of natural support groups available. In addition, given the overall expectation of the Board of Trustees, the University, and their affiliation with The Church of Jesus Christ of Latter-day Saints, some students may assume that no assistance is offered because of the strong prohibition on alcohol and substance abuse or because of the fear of recrimination choose to deal with their burden in their own way.

The reality of the matter is that BYU–Idaho espouses a doctrine of repentance and forgiveness for transgressions of this nature and the institution and administration respects the confidential relationships

between the student and the counselor or the student and the ecclesiastical leader. Action is only instituted by the university if awareness of the matter comes before the dean of students office through sources which are not protected. Students who may have difficulties are encouraged to seek appropriate help in resolving these issues.

ALCOHOL AND OTHER DRUG CASES	94-95	95-96	96-97	97-98	99-00	01-02	03-04	05-06
Referrals or requests for counseling for alcohol use	4	4	8	3	11	12	10	8
Referrals or requests for counseling for drug use	5	6	8	2	5	9	10	5
Referrals to outside treatment programs	0	0	1	0	0	0	0	0
TOTALS	9	10	17	5	16	21	20	13

Honor Code Office

Referrals to the Honor Code Office for violations of the Honor Code come from a variety of sources including housing, peers, roommates, local community businesses, or local citizens. The disparity between individuals referred from year to year is very evident in reviewing the statistical information. Student who drink alcohol or become involved in substance abuse at BYU-Idaho place their student status in jeopardy. Their commitment to abide by the standards at BYU-Idaho includes their signature to keep that commitment. A single violation may be grounds for dismissal from the university. This strict code of conduct may be root cause for a student's attitude of "hiding" alcohol and substance abuse behavior because of the potential consequences.

With the current annual students served now numbering over 19,000 students annually, only 21 students, or .0011% of the student body were disciplined for alcohol use and 19 students for substance abuse for the same percentage in 2006. There is always a concern of the number of students who may have a alcohol or substance abuse problem that is unreported and undetected.

Alcohol

ACTION TAKEN	94-96	96-98	99-00	01-02	03-04	05-06
Cleared or no action	5	2	3	8	2	0
Counsel & Education	4	1	3	3	2	1
Disciplinary Sanction	22	18	23	12	12	14
Suspension	16	16	10	21	19	37
TOTALS	46	37	39	44	35	52

Other Substances

ACTION TAKEN	94-96	96-98	99-00	01-02	03-04	05-06
Cleared or no action	11	3	0	3	1	0
Council & Education	2	0	0	2	2	0
Disciplinary Sanction	7	1	4	5	4	2
Suspension	44	20	19	11	14	26
TOTALS	64	24	23	21	21	28

Drug and Alcohol Surveys

Two drug and alcohol surveys are compared, one completed in 2002, and the second completed in the Winter Semester 2005. The Winter 2005 survey is a much better representation of the entire student body than in previous surveys. It is also a superior survey because of response rate and overall number of respondents.

In the last five years, the large majority of BYU-Idaho student indicate high levels of knowledge about the school's rules and regulations regarding drugs (73/5 to 86%) and virtually all students have a high level of knowledge about the health risks associated with their use (95% to 96%). On the other hand, the majority of students indicate low levels of knowledge about drug counseling programs available on campus (53% to 63%). This is likely because they simply don't use drugs and alcohol in the first place.

Virtually all students expressed a willingness to help friends with a problem (96% to 94%). Parities with drugs and/or alcohol involving BYU-Idaho students may be on the rise. At least, students seem more aware (13% to 17%). Knowledge of over-the-counter and prescription drug abuse is extremely high (80% to 82%).

Students admit to virtually no use of illicit drugs or alcohol over the past year, and also the last 30 days. Students report a far greater abuse of drugs and alcohol by other than they do for themselves. The truth is somewhere between. Based on these reports, students observed the most used substances were diet pills, prescription drugs without a prescription, alcohol, and cigarettes. Clearly, the front runner was diet pills.

It is good to note the increase in those never witnessing the use of alcohol (86% to 84%), cigarettes (86% to 93%) and diet pills (77% to 82%).

Virtually all student students have never used cocaine, Ecstasy, methamphetamines, or LSD. A sizeable number first used alcohol in high school (11% to 17%) and lesser number first used marijuana in high school (<10%). It is good to note a sharp increase in those who have never used alcohol (76% to 86%) and marijuana (87% to 93%).

Virtually all students would use a Bishop, the ecclesiastical leader for intervention (90% to 91%) followed by the Student Health Center (73% to 64%). The Counseling Center was lower (59% to 51%).

The most helpful items seen to promote awareness and prevention of drugs and alcohol were BYU-I Honor Code (84% to 76%), and alcohol and other drug awareness weeks (59% to 76%).

GENERAL ASSESSMENT

The very nature of BYU-Idaho and it's affiliation with The Church of Jesus Christ of Latter-day Saints set the overall tone and attitude of students, faculty, staff and administrators relative to alcohol and other substance use. Each of these individuals adhere to a personal code of conduct and re-commit with their ecclesiastical leader on an annual basis to the abstinence from use of alcohol or illicit substances. In

that sense, the alcohol and illicit substance prevention programs at BYU–Idaho do not require a great deal of emphasis because of the frequent reminders which come through ecclesiastical lines and through institutional efforts such as orientation, devotional talks and academic classes which directly deal with these issues in sociology, biology, health science and religion classes.

The focus of the university on worthiness and commitment of employees and students gives rise to the relatively low incidence of alcohol and other substance use through adherence to the doctrines of The Church of Jesus Christ of Latter-day Saints which require abstinence from alcohol and illicit substance use/abuse as a condition of employment or enrollment at BYU–Idaho. The direction provided by the BYU-Idaho Board of Trustees regarding illicit substance use is very strict and states:

“There is no second chance. The use or possession of illicit substances will cause for immediate dismissal from school. The same policy will apply to any person having any part in supplying illicit substances or assisting others to procure or use illicit substances.” The only exception to the policy is “. . . except when the only contact with an illicit substance was limited (brief and casual contact) and the student has repented before disciplinary action is begun.”⁸

When viewed in light of Church mores, Board policy and the personal commitment of the university community one would expect that there would be no issues in the area of alcohol or substance use. Likewise, to say that because there are so few reported incidents we should ignore those issues would be quite cavalier. Members of the university community should be concerned with any use, however slight, they may be because of those very mores, policies and commitments. We must be what we say we are if we are to maintain our institutional integrity. It is in that light which we should review the reports and efforts of those assigned this responsibility at BYU–Idaho.

There are no known or reported incidents of alcohol or illicit substance use by employees. This does not imply that they do not occur but the nature of the ecclesiastical endorsement required of all employees to work at the university focuses on worthiness interviews with church leaders who may deal with those issues in a different setting should there be any problems.

Illicit substance use or abuse among students is not common, although each year a number of students are separated from the university because of their involvement in illicit substance use. Generally, the majority of those students report their substance use more often than not as being marijuana. Alcohol use among students, although not as rare as other substance use, is quite limited and is generally restricted to occasional or experimental use by a small portion (less than one fourth of 1 percent) of the student body. This percent is of reported cases involving alcohol use.

Those involved with the use of alcohol who are reported to the Honor Code Office will be individually assessed as to the extent of the alcohol use. These students are generally placed on a disciplinary probation and are required to visit on a regular basis with the staff assigned to the case. Often the student will be referred to the Counseling Center for specific counseling. Students who request help through the Counseling Center are not subject to the disciplinary sanctions of the university if they seek the help of the university in resolving a problem. In the case where there is continued use by the student and this is reported to the Honor Code office, the student may be then subject to discipline after careful review and staffing by the staff.

RECOMMENDATIONS

The Biennial Drug-Free Schools and Campuses Committee makes recommendations for follow up action by various groups or individuals at the University. Some items are on-going and will not be removed while some are short term in nature and will be removed on completion. Recommendations are

⁸ Selected Clarifications of the Code of Honor and Related Procedures for C.E.S. Institutions of Higher Education, September 7, 1983.

numbered by year and numerical numbering. During some biennial reviews the Committee may change an older recommendation and add to that recommendation. In those cases, the original recommendation is moved to the new year and will carry two numbers, the current year and the original numbered recommendation.

Recommendations for 2005-2006

RECOMMENDATION: The alcohol drug help line be directed to the Counseling Center. Counseling Center to train secretarial pool how to process phone calls to ensure confidentiality.

RECOMMENDATION: The Student Handbook needs to be updated with correction of Office name changes and corrected phone numbers.

RECOMMENDATION: Another drug and alcohol survey be completed in 2007 by Institutional Research.

RECOMMENDATION: Messaging created to educate the campus community of the Counseling Center being the key resource for intervention.

RECOMMENDATION: Develop prevention outreach action in a student led model.

CERTIFICATION OF REVIEW PROCESS

The Drug-Free Schools and Campuses Committee met during the start of the Winter 2007 semester to assess the strengths and weaknesses of the programs in place at BYU–Idaho and to ensure university compliance with the Drug-Free Schools and Communities Act and Amendment, 1989/Drug-Free Workplace Act, 1988. The review of policy documents noted the following:

1. The institution appears to be in overall compliance with the regulations. There is a drug and alcohol use policy in place directed towards the prevention of illicit drugs and the misuse of alcohol and drugs.
2. The university distributes its alcohol and drug policy and to all employees and students via e-mail within two weeks of the start of each new semester or term.
3. The university has helps available for those seeking help with drug or alcohol problems. The primary sources of help are through the Counseling Center, the Honor Code Office, ecclesiastical leaders, and academic programs. This united effort lends to a deep commitment in promoting a drug-free environment for the university community.
4. The biennial review of university drug prevention programs and policy is conducted at the conclusion of each biennial period. (This report covers January 2005 through December 2006.) The review is designed to ensure effectiveness of the policy and the programs which are in place as well as to recommend measures which can be implemented to ensure that the programs are effective.
5. The review process is designed to look at disciplinary action which has been taken during the biennial period for consistency with university policy to ensure that sanctions are consistent and utilized. During this period, the committee noted that the Honor Code office utilized a broad range of disciplinary sanctions which reflected the university policy in regard to alcohol or substance use.
6. Various university departments track the number of drug- and alcohol-related offenses which occur on campus or are reported to departments. Statistics are gathered without disclosing the names of those involved in compliance with the students FERPA rights.
7. President's Council should review the report as in past years and need to formally adopt the report adding the President signature to the report.

This report reflects an accurate review of the policies, programs, and review process in effect at BYU–Idaho for the review period January 2005 through December 2006.

Kevin Miyasaki
Dean of Students

Date

CERTIFICATION OF ADOPTION AND ACCEPTANCE

President's Council met on Xxxx x, 2005 and reviewed the Biennial Report of Institutional Compliance with the Drug-Free Schools and Campuses Regulations. The review of and acceptance of that report as the official document for the university in compliance with applicable federal regulations was made on that date. The Council supports the drug and alcohol policies of the university and encourages employees and students who may have difficulties with these issues to seek assistance through appropriate channels.

Kim B.Clark
President, Brigham Young University, Idaho

Date

PART 86, Drug-Free Schools and Campuses Regulations Compliance Checklist⁹

1. Does the institution maintain a copy of its drug prevention program?
Yes No
If yes, where is it located? **At BYU-Idaho, the drug prevention program is kept in the Dean of Students Office. This information is published in the annual "BYU-Idaho Campus Security Report and Drug Policy."**

2. Does the institution provide *annually* to *each employee* and *each student*, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?
 - a) Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
Students: Yes No Staff and Faculty: Yes No
 - b) A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
Students: Yes No Staff and Faculty: Yes No
 - c) A description of the applicable legal sanctions under local, state, or federal law
Students: Yes No Staff and Faculty: Yes No
 - d) A description of applicable counseling, treatment or rehabilitation or re-entry programs
Students: Yes No Staff and Faculty: Yes No
 - e) A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions
Students: Yes No Staff and Faculty: Yes No

- We expend a great deal of effort to ensure that each student and each employee have access to a copy of the report. We are unable to document who does not receive a copy and are looking at ways to accomplish this distribution process more precisely. The report is e-mailed to every student and every employee at the beginning of each semester or block. In addition, the report is posted on the BYU-Idaho web site by going to www.byui.edu/securityreport. It is also available at the Dean of Students web site at all times and is referenced through a variety of searches and indices.**

3. Are the above materials distributed to students on one of the following ways?
 - a) Mailed to each student (separately or included in another mailing)
Yes No
 - b) Through campus post office boxes
Yes No
 - c) Class schedules which are mailed to each student
Yes No
 - d) During freshman orientation

⁹ Note: The above Drug-Free Schools and Campuses Regulations Compliance Checklist was taken from *Complying with the Drug-Free Schools and Campuses Regulations [34 CFR Part 86]*, a publication of the Higher Education Center for Alcohol and Other Drug Prevention, funded by the U.S. Department of Education.

Yes No

e) During new student orientation
Yes No

f) In another manner (*describe*) **BYU-Idaho has chosen to distribute the materials to all students via e-mail during each new semester. Students may request a copy of the current report via mail or in person by contacting the Dean of Students office.**

4. Does the means of distribution provide adequate assurance that each student receives the materials annually?
Yes No

5. Are the above materials distributed to staff and faculty in one of the following ways?

a) Mailed
Staff: Yes No Faculty: Yes No

b) Through campus post office boxes
Staff: Yes No Faculty: Yes No

c) During new employee orientation
Staff: Yes No Faculty: Yes No

d) In another manner (*describe*) **Faculty and staff receive the material via electronic e-mail. Those who do not have e-mail receive a printed copy. Those who receive it via e-mail may request a printed copy by contacting the Dean of Students office.**

7. Does the means of distribution provide adequate assurance that each staff and faculty member receives the materials annually:

Staff: Yes No Faculty: Yes No

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Staff: Yes No Faculty: Staff: Yes No

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

a) Conduct student alcohol and drug use survey
Yes No

b) Conduct opinion survey of its students, staff, and faculty
Students: Yes No Staff and Faculty: Yes No

c) Evaluate comments obtained from a suggestion box
Students: Yes No Staff and Faculty: Yes No

d) Conduct focus groups
Students: Yes No Staff and Faculty: Yes No

e) Conduct intercept interviews
Students: Yes No Staff and Faculty: Yes No

- f) Assess effectiveness of documented mandatory drug treatment referrals for students and employees
Students: Yes No Staff and Faculty: Yes No
- g) Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees
Students: Yes No Staff and Faculty: Yes No
- h) Other (*please list*) **The Dean of Students staff reviews each drug and alcohol case at all steps of the discipline process to ensure continuity of action and to provide a broad base of input in the decision-making process.**
10. Who is responsible for conducting these biennial reviews? BYU-Idaho has established an on-going committee who is responsible for the biennial review. During the 2003-04 review period the committee assignments were as follows:
Reed Stoddard, Chair and Director of the Counseling Center/Drug Prevention Office
Garth Gunderson, Director of University Police
Carla Ricks, Director of Personnel
Mike Lehman, Director of Honor Code Office
Shaun Orr, Director Student Health Center
Will Batista, Student
Emily Mitchell, Student
Jamie Veech, Student
Betty Davenport, Off-campus Householders Association
Sharon Tuckett, Director of Housing
Derek Faye, Director Enrichment Activities
Justin Garner, Director Physical Activities
Venae Hokanson, Secretary
Kevin Miyasaki, Dean of Students
Mike Orme, General Counsel
11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?
Yes No
12. Where is the biennial review documentation located:
Name: Kevin Miyasaki
Title: Dean of Students
Department: Dean of Students
Phone (208)496-3240 e-mail miyasakik@byui.edu
13. Comments

BYU-Idaho is committed to a zero tolerance of alcohol and other drug use and takes positive steps to help both students and employees maintain their employment and student commitment. Disciplinary sanctions are spelled out well and efforts are made to assist those who seek help to change their behavior. Annual statistics have not varied much over the years. The university is not satisfied with any alcohol or other drug use in light of the personal commitment each student and employee makes as a condition of their student status or employment. Significant energy is expended in quiet ways to reenforce the policies in place through new student orientation, talks, devotionals, activity group efforts and ecclesiastical leaders. Any use is too much.

Note: The above Drug-Free Schools and Campuses Regulations Compliance Checklist was taken from *Complying with the Drug-Free Schools and Campuses Regulations [34 CFR Part 86]*, a publication of the Higher Education Center for Alcohol and Other Drug Prevention, funded by the U.S. Department of Education.