

Department of

Home and Family



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The Department of Home and Family provides a holistic approach to the study of home and family. The department teaches courses designed to:

- Strengthen students' testimonies in the gospel of Jesus Christ.
- Teach doctrine, principles, theory, and skills to help maintain and strengthen the home as the most effective institution in society for impacting the well being of the family unit.
- Provide a well balanced education for students from all majors focusing on the importance of home and family. Classes include: marriage, money management, parenting, sewing, child development, cooking, nutrition, and courtship and dating.
- Prepare students for graduate school and careers in professions relating to home and family education, children, and families.
- Prepares students for careers in secondary education

The Department of Home and Family offers the following degrees:

Bachelor of Science in Family & Consumer Science Education
Composite (940)

Bachelor of Arts in Child Development (735)

Bachelor of Science in Child Development (730)

Associate of Applied Science in Professional Preschool Education
(359) *Can be a minor for a Bachelors Degree in Child Development,
known as the 2+2 program*

Minor in Child Studies (152)

Minor in Clothing Construction (192)

Minor in Culinary Arts (191)

Minor in Home and Family Living (155)

Minor in Marriage and Family Studies (184)

BS in Child Development

General Education Requirements

I. Reading and Writing:	IV. Arts:	VIII. American Institutions:	VII. Physical Science:	Religion Requirement:
<i>Take 1 course:</i>	<i>Take 1 course:</i>	<i>Take 1 course:</i>	<i>Take 4 credits:</i>	(Book of Mormon)
ENG 111 3	ART 101 3	AMHER 170 3	CHEM 100 4	<i>Take these courses:</i>
ENG 111C 3	ART 104 3	ECON 111 3	CHEM 101 4	REL 121 2
AND	ART 160 3	HIST 120 3	CHEM 105 4	REL 122 2
<i>Take 1 course:</i>	ART 201 3	HIST 121 3	CHEM 106 4	OR
ENG 311 3	ART 202 3	POLSC 110 3	GEOG 101 3	<i>Take this course:</i>
ENG 311C 3	DANCE 101 3		GEOG 101L 1	REL 221 4
ENG 312 3	HFED 140 3		GEOL 101 3	AND
ENG 312C 3	HORT 230 3	IX. Social Science:	GEOL 102 1	(Scripture Based Courses)
ENG 313 3	HUM 101 3	<i>Take 1 course:</i>	GEOL 103 3	<i>Take 6 credits:</i>
ENG 313C 3	HUM 201 3	CHILD 210 3	GEOL 103L 1	REL 211 3
ENG 314 3	HUM 202 3		GEOL 104 3	REL 212 2
ENG 315 3	MUSIC 100 3	VI. Biological Science	GEOL 110 3	REL 301 3
ENG 315C 3	MUSIC 101 3	<i>Take 4 credits:</i>	GEOL 110L 1	REL 301H 3
ENG 316 3	TA 115 3	AGRON 122 4	GEOL 111 3	REL 302 3
ENG 316C 3	TA 117 3	AGRON 270 4	GEOL 111L 1	REL 302H 3
HIST 300 3	AND	BIO 102 1	GEOL 137 3	REL 324 3
	<i>Take this course:</i>	BIO 118 4	GEOL 137L 1	AND
	FA 100 0-1	BIO 120 4	PH 101 3	(Other Religion Courses)
		BIO 130 4	PH 101L 1	<i>Take 4 credits:</i>
II. Mathematics:	V. Letters	BIO 150 3	PH 102 1	REL 100 2
<i>Take 1 course:</i>	<i>Take 1 course:</i>	BIO 150L 1	PH 105 3	REL 130 2
MATH 108 3	CHIN 347 3	BIO 176 4	PH 105L 1	REL 215 2
MATH 110 3	ENG 250 3	BIO 200 4	PH 106 3	REL 234 2
MATH 111 2	ENG 251 3	BIO 202 4	PH 106L 1	REL 235 2
MATH 112 4	ENG 331 3	BIO 208 4	PH 115 4	REL 261 2
MATH 113 3	ENG 332 3	BIO 221 3	PH 116 4	REL 264 2
MATH 119 4	ENG 333 3	BIO 222 1	PH 117 3	REL 333 2
MATH 214 3	ENG 334 3	BIO 230 4	PH 117L 1	REL 341 2
MATH 221 3	ENG 335 3	BIO 250 4	PH 121 3	REL 342 3
MATH 306 3	ENG 351 3	BIO 264 4	PH 127 3	REL 351 2
	ENG 352 3	BIO 265 4	PH 127L 1	REL 352 2
III. Basic Skills:	ENG 353 3	BIO 268 8	PH 150 1	REL 360 4
<i>Take 1 course:</i>	ENG 354 3		PHS 100 3	REL 370 2
CIT 140 3	ENG 362 3		PHS 100L 1	REL 431 2
COMM 102 3	ENG 373 3		PHS 110 4	REL 471 3
COMM 150 3	FR 202 3			REL 475 2
CS 100 1	GER 202 3			
HS 131 2	LANG 202 3			
HS 131W 2	PH 314 3			
OR	PHIL 110 3			
<i>Take 1 course:</i>	PHIL 201 3			
ESS 177 1	PHIL 202 3			
AND	PHIL 313 3			
<i>Take 1 course:</i>	PHIL 314 3			
Any 100 Level ESS Course	PHIL 315 3			
	RUSS 340 3			
	SPAN 202 3			
	SPAN 302 3			

Total GE Credits=43

Major Requirements

No Double Counting of Major Courses - No Grade Less Than C

<i>Take these courses:</i>	<i>Take 16 credits:</i>	<i>Program Notes:</i>
CHILD 100 1	CHILD 280 3	SOC 112 3
CHILD 150 3	CHILD 340 2	SOC 311 3
CHILD 310 3	CHILD 390R 1-3	SOC 323 3
CHILD 320 3	ENG 355 3	SOC 340 3
CHILD 330 3	ENG 356 3	SOC 357 3
CHILD 335 2	FAML 100 3	SOC 383 3
CHILD 335L 3	FAML 360 3	SPED 320 3
CHILD 440 3	FAML 390R .5-4	SW 260 3
CHILD 490 3	HFED 112 2	SW 311 3
CHILD 498R* 1-4	MATH 221 3	SW 340 3
FAML 430 3	RL 200 3	
29		16

**Must complete at least 2 credits in Child 498R*

Total Major Credits=45

This major also requires a minor or 2 clusters

This major is available on the following tracks:

Fall-Winter---- YES Winter-Summer---- YES Summer-Fall---- YES

BS in Family & Consumer Science Education Composite

General Education Requirements

No Grade Less Than C- for any General Education Course

<p>I. Reading and Writing: <i>Take 1 course:</i> ENG 111 3 ENG 111C 3 AND <i>Take 1 course:</i> ENG 315 3 ENG 315C 3</p> <p>II. Mathematics: <i>Take 1 course:</i> MATH 108 3 MATH 110 3 MATH 111 2 MATH 112 4 MATH 113 3 MATH 119 4 MATH 214 3 MATH 221 3 MATH 306 3</p> <p>III. Basic Skills: <i>Take 1 course:</i> CS 100 1</p> <p>IV. Arts: <i>Take 1 course:</i> HFED 140 3 AND <i>Take this course:</i> FA 100 0-1</p>	<p>V. Letters: <i>Take 1 course:</i> CHIN 347 3 ENG 250 3 ENG 251 3 ENG 331 3 ENG 332 3 ENG 333 3 ENG 334 3 ENG 335 3 ENG 351 3 ENG 352 3 ENG 353 3 ENG 354 3 ENG 362 3 ENG 373 3 FR 202 3 GER 202 3 LANG 202 3 PH 314 3 PHIL 110 3 PHIL 201 3 PHIL 202 3 PHIL 313 3 PHIL 314 3 PHIL 315 3 RUSS 340 3 SPAN 202 3 SPAN 302 3</p>	<p>VI. Biological Science: <i>Take 4 credits:</i> BIO 100 3 BIO 102 1 BIO 200 4 BIO 221 3 BIO 222 1 BIO 230 4 BIO 264 4 BIO 265 4</p> <p>VII. Physical Science: <i>Take 4 credits:</i> CHEM 100 4 CHEM 101 4</p>	<p>VIII. American Institutions: <i>Take 1 course:</i> AMHER 170 3 ECON 111 3 HIST 120 3 HIST 121 3 POLSC 110 3</p> <p>IX. Social Science: <i>Take 1 course:</i> ED 270 3</p>	<p>Religion Requirement: (Book of Mormon) <i>Take 1 course:</i> REL 121 2 REL 122 2 OR <i>Take this course:</i> REL 221 4 AND (Scripture Based Courses) <i>Take 6 credits:</i> REL 211 3 REL 212 2 REL 301 3 REL 301H 3 REL 302 3 REL 302H 3 REL 324 3 AND (Other Religion Courses) <i>Take 4 credits:</i> REL 100 2 REL 130 2 REL 215 2 REL 234 2 REL 235 2 REL 261 2 REL 264 2 REL 333 2 REL 341 2 REL 342 3 REL 351 2 REL 352 2 REL 360 4 REL 370 2 REL 431 2 REL 471 3 REL 475 2</p>
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Total GE Credits=43

Major Requirements

No Double Counting of Major Courses - No Grade Less Than C for any Core Class

<p>Education Core: <i>Take these courses:</i> ED 200 2 ED 492 12 SECED 410 3 SPED 322 2 <hr/> 19</p>	<p><i>Take these courses:</i> CHILD 210 3 CHILD 335 2 CHILD 335L 3 HFED 100 3 HFED 101 2 HFED 107 1 HFED 108 1 HFED 110 2 HFED 160 3 HFED 205 1 HFED 207 2 HFED 240 2 HFED 307 4 HFED 340 3 HFED 360 3 HFED 364 4 HFED 380 3 HFED 405 3 HFED 450 3 HFED 498R 1-6 <hr/> 49</p>	<p><i>Take 1 course:</i> CHILD 330 3 FAML 220 3 SOC 311 3 <hr/> 3</p> <p>Exceptions to Policy</p> <p>The Family and Consumer Science Education Composite exceeds the 45-hour limit placed on composite education majors.</p>	<p><i>Program Notes:</i></p>
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Total Major Credits=52

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Summer---- YES

Summer-Fall---- YES

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152			
Minor in Child Studies			
Minor Requirements			
No double counting of Minor Requirements - No Grade Less Than C- Accepted for Minor Courses			
Take these courses:	Take 1 course:	Take 6 credits:	
CHILD 150 3	*Take 498R for 2 credits	(Do not take both CHILD 330 and F.AML 220. Choose only 1)	
CHILD 210 3	CHILD 280 3	CHILD 120 1	
CHILD 310 3	CHILD 335 2	CHILD 230 3	
CHILD 320 3	CHILD 335L 3	CHILD 280 3	
12	CHILD 498R* 1-4	CHILD 330 3	
	2	CHILD 335 5	
		CHILD 340 2	
		CHILD 390R 1-3	
		CHILD 498R 1-4	
		ENG 355 3	
		FAML 220 3	
		HFED 112 2	
		SFN 110 1	
		SPED 320 3	
		6	
Total Minor Credits=20			
This minor is available on the following tracks:			
Fall-Winter---- YES	Winter-Summer---- YES	Summer-Fall---- YES	

155			
Minor in Home and Family Living			
Minor Requirements			
No double counting of Minor Requirements - No Grade Less Than C- Accepted for Minor Courses			
Take these courses:	Take 6 credits:	Take 6 credits:	Program Notes:
HFED 101 2	HFED 100 3	HFED 107 1	
HFED 140 3	HFED 110 2	HFED 108 1	
HFED 160 3	HFED 240 2	HFED 207 2	
HFED 340 3	HFED 330 3	HFED 221 2	
11	6	HFED 235 2	
		HFED 245 2	
		HFED 307 4	
		HFED 345 3	
		HFED 360 3	
		6	
Total Minor Credits=23			
This minor is available on the following tracks:			
Fall-Winter---- YES	Winter-Summer---- YES	Summer-Fall---- YES	

184

Minor in Marriage and Family Studies

Minor Requirements			
No double counting of Minor Requirements - No Grade Less Than C- Accepted for Minor Courses			
Take these courses:	Take 8 credits:	Program Notes:	
FAML 100 3	CHILD 120 1		
FAML 220 3	CHILD 210 3		
FAML 300 3	FAML 200 2		
HFED 340 3	FAML 360 3		
12	FAML 390R .5-4		
	FAML 400 2		
	FAML 430 3		
	FAML 460 2		
	SOC 311 3		
	SFN 110 1		
	8		
Total Minor Credits=20			
This minor is available on the following tracks:			
Fall-Winter---- YES	Winter-Summer---- YES	Summer-Fall---- YES	

191

Minor in Culinary Arts

Minor Requirements		
No double counting of Minor Requirements - No Grade Less Than C- Accepted for Minor Courses		
Take these courses:	Take 4 credits:	Program Notes:
CA 120 2	CA 234 2	
CA 131 3	CA 240 2	
CA 160 3	CA 280 2	
CA 233 3	CA 370 2	
CA 260 3	CA 372 2	
CA 310 3	4	
CA 350 3		
20		
Total Minor Credits=24		
This minor is available on the following tracks:		
Fall-Winter---- YES	Winter-Summer---- YES	Summer-Fall---- YES

192

Minor in Clothing Construction

Minor Requirements		
No double counting of Minor Requirements - No Grade Less Than C- Accepted for Minor Courses		
Take these courses:	Take one course:	Program Notes:
HFED 107 1	TA 362 2	
HFED 108 1	B 283 3	
HFED 207 2	Art 110 3	
HFED 221 2	2	
HFED 235 2		
HFED 245 2		
HFED 307 4		
HFED 345 3		
HFED 360 3		
20		
Total Minor Credits=22		
This minor is available on the following tracks:		
Fall-Winter---- YES	Winter-Summer---- YES	Summer-Fall---- YES

Course Descriptions	Credits*	
CA 101 Culinary Practicum Fee: \$40.00 Interaction with others in the Culinary Arts profession. Field trips once per semester. Required each semester. (Fall, Winter)	(0.5:1.0)	
CA 120 Intro to Food Service Sanitation Introductory course in the principles of food microbiology, and food borne illness from a foodservice management perspective. The HACCP procedure is used for developing food safety measures. (Fall, Winter, Summer on rotating basis)	(2:2:0)	
CA 131 Bakery Fee: \$50.00 A beginning course in baking which develops practical skills through theory and hands-on experience. (Fall, Winter, Summer on a rotating basis)	(3:2:3)	
CA 160 Culinary Fundamentals Fee: \$40.00 This course is designed to teach students basic kitchen skills necessary for proper and efficient food production. (Fall, Winter, Summer on rotating basis)	(3:2:3)	
CA 232 Catering Management A study of the business of catering for special occasions. (Fall, Winter)	(2:1:2)	
CA 233 Pastry Fee: \$50.00 Prerequisite: CA 131 is recommended This course is designed to develop theoretical knowledge and practice intermediate baking skills. (Fall, Winter, Summer on a rotating basis)	(3:2:3)	
CA 234 Cake Decorating Fee: \$40.00 This course teaches the fundamentals of making special occasion and wedding cakes at a beginning to intermediate skill level. (Fall, Winter, Summer on a rotating basis)	(2:1:3)	
CA 240 Confectionary Fee: \$50.00 A course in basic candy making, sugar work, and techniques of working with chocolate. (Fall, Winter, Summer on a rotating basis)	(2:1:2)	
CA 260 Applied Culinary Fundamentals Fee: \$40.00 Prerequisite: CA 160 This course is designed to continue the student's learning of culinary fundamentals, including the basic skills of advanced culinary arts such as garde manger, international foods, and kitchen arrangement. (Fall, Winter, Summer on a rotating basis)	(3:2:3)	
CA 280 International Foods Fee: \$40.00 Prerequisite: CA 160 or consent of Instructor Study of food patterns and customs of various cultures. Preparation of typical dishes and menus of several countries and regions. (Fall, Winter, Summer on a rotating basis)	(2:1:3)	
CA 290R Special Studies Culinary Arts approved projects. Variable credit. (Fall, Winter, Summer)	(1-6:0:0)	
		CA 298 Internship (1-6:0:0) Prerequisite: Consent of Instructor Culinary Arts internship. Variable credit. (Fall, Winter, Summer)
		CA 310 Culinary Nutrition (3:2:3) Fee: \$20.00 This course is designed to train culinary professionals to use nutritional principles to evaluate and modify menus and recipes, as well as respond knowledgeably to consumer questions and needs. (Fall, Winter, Summer on a rotating basis)
		CA 350 Food Service Management (3:2:3) Prerequisite: CA 120, CA 160, CA 260 Concepts of managing a food service operation, i.e. cost controls, data analysis, and future forecasting. (Fall, Winter, Summer on rotating basis)
		CA 370 Garde Manger (2:1:3) Fee: \$25.00 Prerequisite: CA 120, CA 160, CA 260 This course is designed to help the student gain basic understanding of various methods of food preservation as well as cold food preparation and presentation. (Fall, Winter, Summer on a rotating basis)
		CA 372 Advanced Presentation (2:1:3) Fee: \$50.00 Prerequisite: CA 120, CA 160, CA 260 This course is designed to advance student learning in the various aspects of presentation used in culinary arts. (Fall, Winter, Summer on a rotating basis)
		CHILD 100 Introduction to Child Studies (1:1:0) Prerequisite: Child Development majors only, or consent of instructor. Introductory course for all students desiring to obtain a degree in Child Development. Overview of historical and current scientific, societal and family issues related to the development of children. Application to career and advanced educational opportunities, as well as family, church and community settings. We strongly recommend students intending to major in Child Development take this course before taking CHILD 210 (Child Development). (Fall, Winter, Summer)
		CHILD 120 Infants and Toddlers (1:1:0) Explore normal development of infants and toddlers including physical, cognitive, social and emotional domains of development. Application to parenting and other caregiving situations. (Fall, Winter)
		CHILD 150 Foundations of Early Childhood (3:3:0) As an introductory course for those who will work with young children, this course will provide an overview of the profession, historical foundations of working professionally with young children, curricular models that guide early childhood education, professional issues, and educational practices—including those that are developmentally appropriate. (Fall, Winter, Summer)
		CHILD 210 Child Development (3:3:0) Fulfills GE Social Science requirement. A theoretical, academically oriented course focusing on the physical, cognitive, emotional, and social development of the child from conception through adolescence. Explores the influences of family, peers, and social institutions on the child's development. (Fall, Winter, Summer)

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CHILD 230 Curriculum for Young Children (3:3:0)

Prerequisite: PPE majors should take CHILD 150 and CHILD 210; ECSE majors must have completed 60 credits, CHILD 210 and CHILD 310.

Preparing, creating and teaching young children the curriculum areas of Language Arts, Math, Art, Science, Music, Movement Education, and Social Studies. Creativity and competence in the curriculum areas are stressed.

(Fall, Winter, Summer)

CHILD 240 Experience With Young Children: Support Teacher (3:3:0)

Prerequisite: CHILD 150, CHILD 210, and CHILD 230 with a C grade or better. Concurrent enrollment in CHILD 230 accepted, and current enrollment in CHILD 240L and CHILD 290R is required. Consent of Instructor required.

This class is designed to promote an increased understanding in working with and teaching preschool aged children. Philosophy, theory and model underlying early childhood education and its application in the classroom. Basic competencies required for the Child Development Associate (C.D.A.) emphasized. This will be a screening class for the Professional Preschool Education major.

(Fall, Winter, Summer)

CHILD 240L Experience With Young Children: Support Teacher Lab (4:0:12)

Prerequisite: Student must have completed CHILD 150, CHILD 210, and CHILD 230 with a C grade or better. Concurrent enrollment in CHILD 230 accepted and current enrollment in CHILD 240 and CHILD 290R required. Consent of instructor required.

First level teaching practicum for students majoring in Professional Preschool Education. Students will function primarily as a support teacher in the campus preschool laboratories, including working with special services personnel to assist children with disabilities and developmental delays.

(Fall, Winter, Summer)

CHILD 250 Curriculum Seminar (2:2:0)

Prerequisite: Student must have completed CHILD 230, CHILD 240 and CHILD 240L with a C grade or better; concurrent enrollment in CHILD 260 and CHILD 260L. Consent of instructor required.

Preparation of curriculum plans and teaching materials used in campus preschool child labs.

(Fall, Winter, Summer)

CHILD 260 Experience With Young Children: Lead Teachers (3:3:0)

Fee: \$90.00

Prerequisite: Student must have completed CHILD 230, CHILD 240, and CHILD 240L with C grade or better. Concurrent enrollment in CHILD 250, CHILD 260L and CHILD 290R. Consent of Instructor required

Curriculum development, teaching and working with preschool children; emphasis on lead teaching skills, support of children's play, and health and safety issues.

(Fall, Winter, Summer)

CHILD 260L Experience With Young Children: Lead Teacher Lab (4:0:12)

Prerequisite: Student must have completed CHILD 230, CHILD 240, and CHILD 240L with C grade or better. Concurrent enrollment in CHILD 250, CHILD 260 and CHILD 290R; Consent of instructor required.

Second level preschool practicum for students majoring in Professional Preschool Education. Students will function primarily as a lead teacher in the campus preschool laboratories, writing and implementing curriculum plans, and adapting curriculum for children with diverse abilities.

(Fall, Winter, Summer)

CHILD 270 Experience With Young Children: Supervisors (1:1:0)

Prerequisite: Student must have completed CHILD 250, CHILD 260, and CHILD 260L with C grade or better. Completion of HS 222 or current first aid/CPR certificate required; concurrent enrollment in CHILD 270L and 290R. Consent of Instructor required.

Working closely with an experienced professional in facilitating the Lead Teacher and Support Teacher efforts in the preschool labs. The Supervisor is a team leader with responsibility for staff development, inservice training, parent communication, budgets, records and overall running of preschool labs.

(Fall, Winter, Summer)

CHILD 270L Experience With Young Children: Supervisor Lab (4:0:12)

Prerequisite: Student must have completed CHILD 250, CHILD 260, and CHILD 260L with C grade or better. Completion of HS 222 or current first aid/CPR certificate required; concurrent enrollment in CHILD 270 and 290R, and consent of Instructor required.

Third level teaching practicum for students majoring in Professional Preschool Education. Supervisors are to be model teachers, providing inservice training for lab staff, and maintaining lab facilities according to national accreditation standards.

(Fall, Winter, Summer)

CHILD 280 Experience with Toddlers (3:2:4)

Prerequisite: CHILD 210; Consent of Instructor required.

Student must apply and be accepted to enroll in this course.

Applications can be obtained online from the Department of Home and Family and must be submitted at least one semester in advance of desired enrollment.

Students will receive practical, hands-on experiences working with toddlers in a campus lab. The lab experience will also include a weekly seminar and a parent component.

(Fall, Winter, Summer)

CHILD 290R PPE Staff Seminar (0.5:1:0)

Prerequisite: Concurrent enrollment in CHILD 240L, CHILD 260L, or CHILD 270L required.

All students who work in the preschool labs (Child 240, Child 260, Child 270, ECSE 490) meet together for staff meeting, professional development and inservice training. Students in CHILD 240, 260, and 270 must enroll for credit.

(Fall, Winter, Summer)

CHILD 310 Early Childhood Development (3:3:0)

Prerequisite: Grade of C in CHILD 210

Must have completed 30 credits

Child Development majors: CHILD 100, CHILD 150

ESCE majors: ED 200

Advanced theory and development of children from conception through age twelve, including physical, social, and cognitive development. Biological and environmental conditions affecting development and learning. Emphasis on application of current research.

(Fall, Winter, Summer)

CHILD 320 Adolescence (3:3:0)

Prerequisite: CHILD 210 or PSYCH 201

A study of the biological, social and cognitive foundations of adolescence. Includes in-depth examinations of many developmental issues faced by adolescents, e.g., gender, the self, family relationships, friends and peers, dating, love and sexuality, school, etc.

This course is designed for students majoring in Child Development and related fields.

(Fall, Winter, Summer)

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CHILD 330 Parent Education and Child Guidance

(3:3:0)

Prerequisite: CHILD 310

In-depth study of adult-child relationships and their application to child guidance in a variety of home and professional settings. Exposure to parent education programs and their use in society. Emphasis on principles and practices child scholars can apply and teach when working with or teaching parents about children's unique growth and developmental issues.

(Fall, Winter, Summer)

CHILD 335 Early Childhood Settings

(2:2:0)

Prerequisite: Student must apply and be accepted to enroll in this course. Applications can be obtained from the Department of Home and Family and must be submitted at least one semester in advance of desired enrollment.

Child Development majors: CHILD 100, CHILD 150 and CHILD 310 and Instructor consent.

FCS majors: ED 200, CHILD 210 and SPED 322 and Instructor consent.

Training and experience working with young children. Study of developmentally appropriate practices, curriculum planning, child guidance and methods for successful preschool operation.

Intended for Family and Consumer Science Education majors, Child Development majors, and Child Studies minors only.

(Fall, Winter, Summer)

CHILD 335L Early Childhood Settings Lab

(3:0:8)

Prerequisite: Application required. Concurrent enrollment in CHILD 335

Child Development majors: CHILD 100, CHILD 150 and CHILD 310 and instructor consent.

FCS majors: ED 200, CHILD 210 and SPED 322 and instructor consent.

Must sign up for a lab when taking Child 335, Early Childhood Practicum

(Fall, Winter, Summer)

CHILD 340 Language, Literacy and Learning

(2:2:0)

Prerequisite: CHILD 210 or consent of Instructor.

In-depth study of the acquisition of language and literacy in children from birth through age eight. How foundations of language and literacy affect learning in all areas of life.

(Fall, Winter, Summer)

CHILD 390R Special Topics in Child Studies

(1-3:0:0)

Prerequisite: CHILD 210 or consent of Instructor

Repeating variable credit classes dealing with speciality areas related to the scholarly study of children.

(Fall, Winter, Summer)

CHILD 440 Administrative Issues

(3:3:0)

Prerequisite: CHILD 310, CHILD 320

Fundamental principles for administration of service-delivery programs for children, youth and families. Covers staff and program administration, test/assessments/research, health/safety/nutrition.

(Fall, Winter, Summer)

CHILD 490 CHILD DEVELOPMENT SEMINAR

(3:3:0)

Prerequisite: CHILD 310; CHILD 320; Senior Standing

Review and evaluation of scholarly research and theory related to physical, cognitive, socioemotional and moral development of children. Study of current issues in the field of child development. Application to policy, agency and family.

(Fall, Winter, Summer)

CHILD 498R Internship

(1-4:0:0)

Prerequisite: CHILD 310 and CHILD 320 and consent of Instructor.

Practical work experience for Child Development Majors.

(Fall, Winter, Summer)

FAML 100 The Family

(3:3:0)

Application of gospel truth and supportive scholarship to strengthen marriage and family relationships using "The Family: A Proclamation to the World" as the guiding framework.

(Fall, Winter, Summer)

FAML 110 Marriage Skills Seminar

(1:1:0)

Foundational principles of successful marriages with application to typical decisions and problems encountered in marriage.

(Fall, Winter, Summer)

FAML 120 Principles of Parenting

(1:1:0)

Foundational principles of parent-child interaction with application to typical decisions and problems encountered by parents.

(Fall, Winter, Summer)

FAML 200 Dating, Courtship and Engagement

(2:2:0)

Emphasis on the development of attitudes, knowledge, and skills that are essential to successful relationships. Explores gospel and research-based principles of creating and maintaining healthy relationships and selecting an eternal companion.

(Fall, Winter, Summer)

FAML 220 Stewardship Parenting

(3:3:0)

An in-depth study of parent-child relationships. Emphasis on gospel principles parents can absorb to promote understanding that can benefit all family members in their unique growth and development.

(Fall, Winter, Summer)

FAML 300 Covenant Marriage

(3:3:0)

Focuses on principles of successful marriages from a gospel as well as a scholarly perspective. Emphasis on couple communication, marital expectations, and other key marital issues in the growth of the couple as a sacred marital unit. Some sections require married and/or engaged couples. Check class schedule.

(Fall, Winter, Summer)

FAML 360 Family Stress and Coping

(3:3:0)

An overview of various family stressors over the life cycle.

Exploration of the origin and nature of stress. Theories, programs and practices related to understanding and coping with these experiences.

(Fall, Winter)

FAML 390R Special Topics in Family Studies

(0.5-4:3:0)

Prerequisite: Varies according to topic and instructor.

Repeating variable credit classes dealing with specialty areas related to marriage and family. For topics, see class schedule.

(Variable)

FAML 400 Family Dynamics

(2:2:0)

A study of family relationships, processes and interaction patterns from theoretical, practical and gospel perspectives.

(Fall, Winter, Summer)

FAML 430 Family & Community Relationships

(3:3:0)

Prerequisite: Junior Standing.

Ecological perspectives on providing family-focused prevention and intervention services and support, with emphasis on communicating with families, empowering parents, developing family and professional partnerships, interagency collaboration, and accessing and linking families and community resources.

(Fall, Winter, Summer)

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- FAML 460 Family Change (2:2:0)**
Prerequisite: Junior or Senior standing
Societal changes impacting the meaning and function of families and marriages. Influences of media, government, education, and religion on the family. Gospel writings related to family decline. Implications for responsible civic involvement aimed at strengthening the family in society.
(Every other semester - See class schedule)
- HFED 100 Essentials of Human Nutrition (3:3:0)**
Food oriented study of nutrition facts and principles as a basis for dietary choices; consequences of food choices; scientific examination of controversial topics.
(Fall, Winter, Summer)
- HFED 101 Introduction to Family and Consumer Science (2:2:0)**
Prerequisite: For Family and Consumer Education majors or Home and Family Living minors or those interested in this field.
Basic concepts, philosophy, career exploration and professional development in the Family and Consumer Science area.
(Fall, Summer)
- HFED 107 Fundamentals of Fashion Design (1:1:0)**
Concepts include apparel styles, fashion development and careers in the fashion industry.
(Fall, Winter, Summer)
- HFED 108 Fashion Merchandising (1:1:0)**
An introductory course to introduce students to the main components, activities and career requirements of the fashion industry. The course also covers retail stores and fashion designers.
(Fall, Winter, Summer)
- HFED 110 Introductory Foods (2:1:0)**
Fee: \$30.00
Open to all students. Develops skills in food preparation. Hands-on laboratory experience allows students to practice appropriate techniques in food preparation. Concurrent enrollment in HFED 110L required.
(Fall, Winter, Summer)
- HFED 110L Introductory Foods Lab (0:0:2)**
Must sign up for a lab when taking HFED 110, Introductory Foods.
(Fall, Winter, Summer)
- HFED 112 Nutrition and Young Children (2:2:0)**
Concepts of human nutrition, nutrition education, menu planning, sanitation and food safety with emphasis on preschool children.
(Fall, Winter, Summer)
- HFED 140 Introduction to Architecture: Interior Design (3:3:0)**
Fulfills GE Arts requirement.
An introductory historical perspective of significant eras that influence architectural and interior designs.
(Fall, Winter, Summer)
- HFED 150 Practical Homemaking (2:1:2)**
Fee: \$20.00
Students rotate on a four-week basis in areas covering food preparation, basic sewing and interior decorating. Emphasis is on practical, hands-on learning experiences.
(Fall, Winter, Summer)
- HFED 160 Home and Family Management (3:3:0)**
Application of principles of home management. A goal oriented study of values, resources, decision-making, time and money management.
(Fall, Winter, Summer)
- HFED 200 Nutrient Metabolism (3:3:0)**
Prerequisite: HFED 100 and Chem 101 or Consent of Instructor
Nutrient oriented study of nutrition facts and principles; metabolic consequences of nutrient intakes; techniques of communicating valid nutrition concepts.
(Fall, Winter, Summer on a rotating basis)
- HFED 205 Family and Consumer Science Practicum (1:1:0)**
Prerequisite: HFED 101
An introduction to Family and Consumer Science Education classes in secondary schools. Students will visit secondary Family and Consumer Science classes and evaluate field experiences. Students must provide their own transportation.
(Fall, Winter)
- HFED 207 Clothing Construction I (2:1:2)**
Fee: \$7.00
For those with little or no sewing experience. Students will learn the application of construction principles from commercial patterns in making apparel. Emphasis will be on basic construction techniques and fundamental fitting. Materials approximately \$50 or more.
(Fall, Winter, Summer)
- HFED 221 Home Decor Sewing (2:1:2)**
Fee: \$5.00
A basic how-to course designed to teach construction techniques for home decor sewing. Pillows, pillow shams, dust ruffles, bedspreads, quilts, table linens, and window treatments will be included. Students are required to furnish the fabric and notions for individual projects. Materials are approximately \$30 to \$60 or more.
(Fall, Winter, Summer)
- HFED 235 Children's Clothing (2:1:2)**
Fee: \$10.00
Selection and construction of children's clothing using the serger and sewing machine. Projects include bib, booties, sleeper, t-shirt, cap, pants, dress, and coat. No sewing experience required. Materials approximately \$45.00 or more.
(Fall, Winter, Summer)
- HFED 240 Meal Management (2:1:3)**
Fee: \$40.00
Prerequisite: HFED 110
Implementation of meal management principles as they relate to controlling cost, providing satisfying meals, entertaining, conserving time and energy, using modern kitchen technology, and ensuring food safety. Students will plan and prepare food for meal service.
(Fall, Winter, Summer)
- HFED 245 Pattern Making (2:2:1)**
Principles of pattern making using basic drafting and flat-pattern techniques in half and full size patterns for woven and knit fabrics.
(Fall, Summer)

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HFED 307 Clothing Construction II

(4:3:3)

Fee: \$7.00

Prerequisite: HFED 207

Intermediate construction techniques will be applied to portfolio samples along with practical application projects including serger project, plaid shirt, fly front jeans, recycling, and nap project. Materials approximately \$70 or more.

(Fall, Winter, Summer)

HFED 330 Nutrition in the Life Cycle

(3:3:0)

Prerequisite: HFED 100

Review of the nutritional requirements during pregnancy, lactation, infancy, childhood, adolescence, adulthood and the aging process.

(Fall, Winter, Summer on a rotating basis)

HFED 340 Money Management

(3:3:0)

Financial concepts of direct concern to the individual or family. Budgeting, financial institutions and services, consumer buying, use and control of credit, financial records, buying and selling homes, insurance, and basic investments will be discussed.

(Fall, Winter, Summer)

HFED 345 Fitting and Alteration

(3:2:2)

Prerequisite: HFED 207, HFED 245, HFED 307

Basic fitting and alteration of women's patterns, constructed and ready-to-wear garments. Materials: approximately \$75 or more.

(Fall, Winter)

HFED 350 Sports Nutrition

(3:3:0)

Prerequisite: HFED 100, ESS 375

Exploration into the nutritional recommendations for competitive and recreational sports. Evaluation of dietary regimens for competitive sports, energy needs and weight control.

(Fall, Winter, Summer)

HFED 360 Textiles

(3:3:1)

Fee: \$10.00

Study of fabrics including fiber, yarns, methods of construction and finishes. Application of this information to personal and client use.

(Fall, Winter, Summer)

HFED 364 Introduction to Food Science

(4:3:2)

Fee: \$25.00

Prerequisite: Chemistry 100 or higher, HFED 100, HFED 110

Chemical and physical properties of foods relative to preparation and processing.

(Fall, Summer)

HFED 380 Connecting Education and Employment

(3:3:0)

This course is an advanced study of coordinated work experience in the educational setting and implementation of school-to-work initiatives. The focus of the course will be to provide the skills and knowledge needed for the professional teacher to be competent in creating and maintaining a cooperative education or school-to-work system. It includes foundation of occupation education; coordination of work-based learning programs; career pathways and guidance; organizing and working with occupational advisory committees; organization and administration of student groups. This course will examine current practices here in Idaho and will look at other exemplary programs around the nation and around the world.

(Fall, Winter)

HFED 405 Methods of Teaching Family and Consumer Sciences

(3:3:0)

Prerequisite: Senior Standing

Preparation for secondary teaching with application of teaching methods and theories used in a Family and Consumer Science secondary classroom. Consecutive enrollment in HFED 450 is required. SecEd 492 must be taken the following semester.

(Fall, Summer)

HFED 450 Curriculum Development in Occupational Education

(3:3:0)

Prerequisite: Senior Standing.

This course is an occupational teacher preparation class which includes: analysis, integration and curriculum development; competencies for teaching diverse populations and individual differences; and teaching the adult learner. Consecutive enrollment in HFED 405 is required. SecEd 492 must be taken the following semester.

(Fall, Summer)

HFED 490R Special Studies in Home and Family Education

(1-3:0:0)

Prerequisite: Consent of Instructor

Special updates in Home and Family Education topics.

Repeatable for variable credit.

(Fall, Winter, Summer)

HFED 498R Internship for Family & Consumer Science Education Major(1-6:0:0)

Prerequisite: Consent of Instructor

Internship for Home and Family minor or secondary education vocational endorsement. Opportunity to link academic learning with experience in field. Recommended to be taken as work experience when you are off track. One credit hour is required for occupational endorsement for Family and Consumer Science. 160 work hours are required.

(Fall, Winter, Summer)