

## STUDENT HEALTH CARE SERVICES

The Student Health Center (SHC), which is open to matriculating students and their dependents is located at the east end of the Kimball parking lot. The SHC offers comprehensive services such as: outpatient diagnosis and treatment, laboratory testing, radiology with interpretation, and a pharmacy offering prescription and over the counter medications. If you have questions, browse our website at [www.byui.edu/healthcenter](http://www.byui.edu/healthcenter), call us at (208) 496-9330, or come in for more information.

### When is the SHC & Pharmacy Open?

Student Health Center hours\* are as follows:

- Mondays, Wednesday, Thursdays, and Fridays: 8 a.m. to 5 p.m.
- Tuesdays: 8 a.m. to 2 p.m. (last appointment at 1:20 p.m.) and 3 p.m. to 5 p.m.

Pharmacy opens at 9 a.m.

\*The SHC is closed on holidays and opened limited days during the break between the Fall and Winter semesters.

### After-Hours Care

Urgent evaluation and care may be obtained at local immediate care centers or hospitals. Visits outside of the Student Health Center are billed at standard rates. For the greatest cost-benefit, students are encouraged to wait until the Health Center is open for evaluation and treatment of non-emergency problems.

### Private Insurance and Student Health Plan

If a student has both the Brigham Young University- Idaho Health Plan and private insurance, the BYU-Idaho Health Plan is the primary coverage. The SHC does not bill private insurance companies for medical services provided. Refer to the Financial Policies section of the catalog for information on the Brigham Young University-Idaho Student Health Plan. Please note that the Student Health Center Pharmacy is able to directly bill ~90% of all major private insurance companies for prescriptions.

### Recommended Immunizations

The following immunizations are recommended for all members of campus community to receive prior to attending classes:

- MMR: All members of campus community born after 1956
- Polio: International travelers to areas or countries where polio is epidemic or endemic
- Varicella: All members of the campus community who has not had chicken pox
- T-dap: All members of campus community
- Hepatitis A: Adult high risk groups (those traveling to countries where Hepatitis A is moderately or highly endemic)
- Hepatitis B: All college students
- Meningococcal Meningitis: All college students
- Influenza: All members of campus community

For more information regarding these immunizations and others recommended by the Centers for Disease Control and Prevention, visit: <http://www.cdc.gov/vaccines/spec-grps/college.htm>.

To receive these immunizations upon arrival at campus, contact the Student Health Center at (208) 496-9330 to schedule an appointment with the immunization nurse.

## COUNSELING CENTER

The Brigham Young University–Idaho Counseling Center is located on the second floor of the Student Health and Counseling Center. The Counseling Center is staffed by well-trained professional counselors. Students who come to the Counseling Center receive help with a wide range of personal problems--from adjusting to university life, to depression and other emotional difficulties.

Students are assured of reliable, professional assistance in an atmosphere of warmth and understanding where confidentiality is maintained. Counseling is intended primarily for those students who can be helped in a relatively short time. Degree seeking students admitted to a track are eligible for services. There is no fee for counseling.