

## BS in Exercise Physiology - Exercise Physiology Emphasis (481-109)

2015 - 2016  
Catalog Year

- This plan is built to meet the minimum 120 credit requirement for a Bachelor's of Science degree in an 8 semester outline. The plan includes all required courses for completion, including foundation and major courses, as well as elective courses and/or clusters when applicable.

Semester 1	Credits
FDREL 200	2
FDENG 101	3
FDMAT 108	3
HRHP 131	2
NUTR 150	3
Elective	2
<b>Total Credits</b>	<b>15</b>

Semester 2	Credits
FDREL 225	2
FDSCI 101	2
FDAMF 101/CIV 101	3
BIO 264	3
BIO 264L	1
Elective	4
<b>Total Credits</b>	<b>15</b>

Semester 3	Credits
FDREL 250	2
Cultural Awareness	3
BIO 265	3
BIO 265L	1
Elective	5
<b>Total Credits</b>	<b>14</b>

Semester 4	Credits
FDREL 275	2
FDENG 301	3
MATH 109	5
Module Course	3
Elective	2
<b>Total Credits</b>	<b>15</b>

Semester 5	Credits
FDREL Elective	2
Cultural Awareness	3
ESS 375	3
ESS 375L	1
Module Course	4
Elective	2
<b>Total Credits</b>	<b>15</b>

Semester 6	Credits
FDREL Elective	2
MATH 221B	3
PH 105	4
HRHP 359	3
Fitness Course	1
Elective	2
<b>Total Credits</b>	<b>15</b>

Semester 7	Credits
FDREL Elective	2
ESS 465	3
Module Course	3
Lifetime Course	1
Elective	6
<b>Total Credits</b>	<b>15</b>

Semester 8	Credits
Sports Course	1
Module Course	3
Elective	11
<b>Total Credits</b>	<b>15</b>

Internship	Credits
ESS 498*	1-2
<b>Total Credits</b>	<b>1-2</b>

**NOTE:** A module is a group of courses that focuses on a specific area of study. There are several modules to choose from. One module must be completed to meet graduation requirements. Be aware that some module courses may have prerequisites which are not included in this plan. Required major courses will help complete Science Foundations Option 'B', so only FDSCI 101 is needed to complete the Science Foundations requirement.

\*Typically internships must be a minimum of 10 weeks in duration, with at least 10 hrs per week. In most cases every 100 hrs equates to 1 credit. Some departments may require more than this depending on the course of study. Please check with your major's internship coordinator for specific details and internship approval. Internships may be completed during any full length semester, regardless of track, and may be taken alone or with other course work. In some fields it is advisable to complete an internship after all other required coursework is complete in order to be most beneficial and aid in potential employment, if desired.