

## BS in Exercise Physiology, Program Design Emphasis (481-136)

Catalog Year  
2012 - 2013

**General Information:**

Academic Advising has provided a **recommended graduation plan** for every major we offer.

- This plan is built to meet the University’s minimum credit requirement (120 credits for a bachelor’s degree and 60 for an associate) in 8 semesters or less. Each plan includes all required courses, including Foundations and major as well as emphasis, minor or clusters (if applicable). The plan may also include elective courses to meet the credit requirement.
- Please note the following terms: Groups = A term used on the Degree Audit to reference a required group of classes that may be pre-selected or from which you can choose; General Elective = any course offering at BYU-Idaho which you are eligible to take; Major Elective = a required course from a list of multiple course options within your major. (A certain number of “major electives” may be required for your major, but you can select which course to choose from the given list.)

Semester 1	Credits	Semester 2	Credits	Semester 3	Credits	Semester 4	Credits
FDREL 121	2	FDREL 122	2	FDREL 200	2	FDREL Scripture	2
FDENG 101	3	FDENG 201	3	FDAMF 101	3	FDHUM/FDWLD	2
FDMAT 108/110	3	NUTR 150	3	ESS 375	3	ESS 381	3
HRHP 131	3	BIO 265 or 461	4 or 5	ESS 375L	1	Fitness Course	1
BIO 264 or 460	4	Sports Course	1	ESS 204 or 347	4	Module	3
		Elective	3	Elective	3	Elective	3
<b>Total Credits</b>	<b>15</b>	<b>Total Credits</b>	<b>16-17</b>	<b>Total Credits</b>	<b>16</b>	<b>Total Credits</b>	<b>14</b>
Semester 5	Credits	Semester 6	Credits	Off-Track	Credits	Semester 7	Credits
FDREL Scripture	2	FDREL Elective	2	Take One:	1	FDREL elective	2
FDINT/FDWLD	3	FDSCI 101	2	ESS 497		FDSCI Elective	3
HRHP 359	3	HS 305	3	ESS 498		Module	3
Lifetime Course	1	Module	3			Elective	3
Module	3	Elective	3			Elective	4
Elective	3	Elective	2				
<b>Total Credits</b>	<b>15</b>	<b>Total Credits</b>	<b>15</b>	<b>Total Credits</b>	<b>1</b>	<b>Total Credits</b>	<b>15</b>
Semester 8	Credits	<b>Special Instructions</b>					
FDCNC 350	2	*Either FDMAT 108 can be taken or you may complete test out modules with higher math course. See math departmental website.					
FDSci Elective	2	**Complete FDINT 201-203 if an FDHUM course was previously taken; complete FDWLD 201 if FDWLD 101 was taken.					
Module	3	***BIO 460 and 461 require BIO 180 as a pre-requisite and can be selected as an elective to take prior to these courses.					
Elective	3	Sports Courses: ESS 119, ESS 121, ESS 124, ESS 128, ESS 134, ESS 141, ESS 145, ESS 148					
Elective	3	Fitness Courses:ESS 100, ESS 101, ESS 102, ESS 115, ESS 130, ESS 160, ESS 161, ESS 178, ESS 179					
Elective	3	Lifetime Courses:ESS 127, ESS 131, RM 223B, RM 223E, RM 223F, RM 224A, RM 224B, RM 224C, RM 225A, RM 225C					
		Emphasis Electives: ESS 365, ESS 483, HFED 200, HS 365 OR HS 349 & HS 349L					
<b>Total Credits</b>	<b>16</b>						

**Instructions:**

Now that you have seen the sample schedule for your major, please chart your own personalized plan taking into account the following: track, course availability, completed coursework, and planned graduation. Use this sample schedule, along with your degree audit, to create your plan. You can access your degree audit from your my.byui.edu portal under the Student tab, Degree Information. Once you have completed your planning, please bring this form to the Satellite Advising Center over your major so that an advisor can approve your plan and help you with any fine-tuning.

Semester 1	Credits	Semester 2	Credits	Semester 3	Credits	Semester 4	Credits
<b>Total Credits</b>		<b>Total Credits</b>		<b>Total Credits</b>		<b>Total Credits</b>	
Semester 5	Credits	Semester 6	Credits	Semester 7	Credits	Semester 8	Credits
<b>Total Credits</b>		<b>Total Credits</b>		<b>Total Credits</b>		<b>Total Credits</b>	

**Student Name:**

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**I number:**

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**Advisor Name:**

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**Date:**

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